



Cabin Fever Quilters' Guild

CELEBRATING OVER 40 YEARS

Northern Comfort

PRESIDENT'S PIECE



The President's Piece is undergoing renovation; something new coming soon!

Be sure to get ready for the fair!
It's starting July 28 and will run through August 6.
See Notes & News on page 4.

Dog days of summer



JULY

- 11: Board Meeting (5:15pm @ Elks Lodge)
- 19: General Membership Meeting (7pm @ Faith Baptist Church)
- 20: Begin Newsletter Submissions

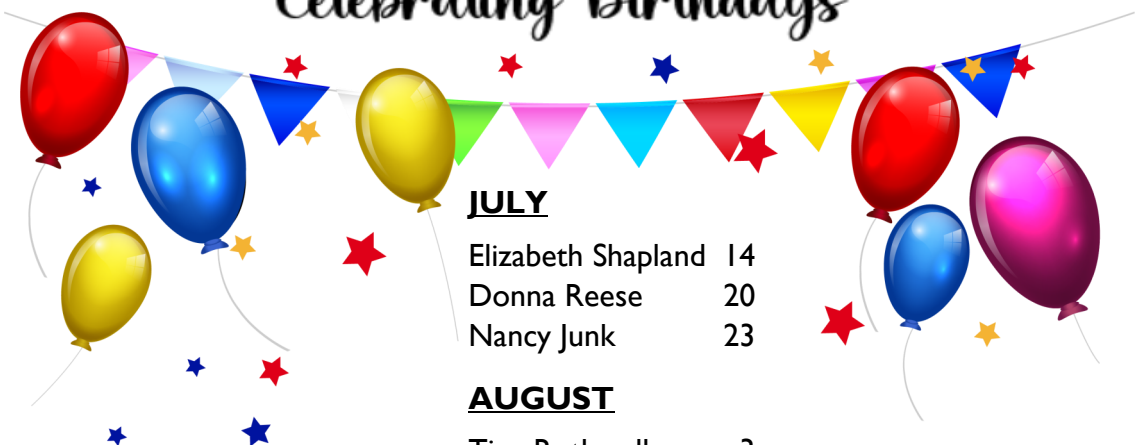
AUGUST

- 1: NEWSLETTER DEADLINE
- 8: Board Meeting
- 15: General Membership Meeting
- 20: Begin Newsletter Submissions

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Celebrating Birthdays



JULY

Elizabeth Shapland	14
Donna Reese	20
Nancy Junk	23

AUGUST

Tina Rothwell	3
Dida Uotila	15
Mary Olson	21
Janice Cleworth	27

NORTHERN COMFORT is published monthly on the CFQG Website. Members are notified by email of the web posting. Paper copies are available via first class mail for an annual fee of \$25. Please inform Membership Chairman of any address changes.
ADVERTISING: Personal ads related to quilting are free to Guild members on a space available basis. Quilt related commercial ads: full page \$30, half page \$15, quarter page \$8. Payments should be sent with ad copy. The CFQG cannot accept responsibility for the content of ads.

CABIN FEVER QUILTERS' GUILD is a non-profit organization dedicated to promoting the appreciation and knowledge of quilt and quilt making.
MEMBERSHIP: Non-members may attend twice as guests. Guild membership is open to anyone interested in quilts.
Annual dues:
\$30 payable in October
\$25 for Sr. Rate 60+ years
\$25 extra for a mailed Newsletter subscription, others can view on CFQG website.

NEWSLETTER SUBMITTALS: Items/corrections are due by the first of the month unless otherwise announced:

- Email subject line MUST contain: **CFQG Newsletter**
- Acceptable file formats: WORD (.docx), Adobe PDF, JPG, TIFF, BMP, GIF (Please include the 3 letter file extension)
- When submitting an article, please send in a Word document.

MAILING ADDRESS:

CABIN FEVER QUILTERS' GUILD
 PO BOX 83608
 FAIRBANKS, AK 99708



GENERAL INFO

GENERAL MEMBERSHIP

3rd **TUESDAY** of month
7:00 PM
 Faith Baptist Church
 910 Chena Pump Road
 Fairbanks, Alaska

BOARD OF DIRECTORS

2nd **TUESDAY** of month, the
 week before **General Meeting**
 Elks Lodge
 1003 Pioneer Rd
 Fairbanks, AK



**TO SUBSCRIBE TO THE
 CFQG EMAIL LIST:**

- Instructions on Page 5
- ◆ Be a CFQG member in good standing.
- ◆ A GMAIL Email is needed



**EXTREME COLD ~
 MEETING CANCELLATION
 POLICY**

When the official outside temperature is **-30°F** or colder **at noon**, the meeting will not be held. Google "weather Fairbanks airport" at 12 noon to verify.

2023-24 Board of Directors

POSITION	MEMBER	TERM	HOME	CELL	EMAIL
President	Diana Wariner	2024		206-795-2504	diwariner@gmail.com
Vice President	Elaine Thompson McGee	2023		322-0448	elaineltm@gmail.com
1st Director	Mary Olson	2024		590-8311	snowlaydee@hotmail.com
2nd Director	Tina Rothwell	2023		940-255-5668	trothwell4me@gmail.com
3rd Director	Dorothy Stella	2023	456-1454		enlok610@gmail.com
Secretary	Kristen Brown	2024			Randy-grl@hotmail.com
Treasurer	Colleen Pedretty	2023	474-9334	590-9334	colleenp@acsalaska.net
Historian	Bobbie Tarkiainen		479-3209		thebagladiesoffairbanks@gmail.com
Newsletter	TEMP: Joan Kluwe			223-4351	jk2ak94@fulbrightmail.org
Publicity	Kat Helmuth		479-9156	590-5098	katsniptoys@yahoo.com

2023-24 Committees

NAME	MEMBER	HOME	CELL	EMAIL
Google Email List	Elaine Thompson-McGee	488-4002	322-0448	elaineltm@gmail.com
Community Sewing	Elaine Thompson-McGee	488-4002	322-0448	elaineltm@gmail.com
Tanana Valley State Fair	Tricha Immonen		907-347-0562	lifeletsgo@hotmail.com
Membership	Bobbie Tarkiainen		479-3209	thebagladiesoffairbanks@gmail.com
Quilt Alaska - July 2024	Jeanne Sneddon		347-3104	sneddonjeanne@gmail.com
2023 Raffle Quilt	VACANT			
Block of the Month (BOM)	Kathy Richardson	456-6236	378-1834	kbrichfai@gmail.com
Laura's Quilt Slushy	Elaine Thompson-	488-4002	322-0448	elaineltm@gmail.com
Fall Sew Flurries	Mary Olson		590-8311	snowlaydee@hotmail.com
Quilting in the Snow	Sue Gross	488-3966	347-5275	lgross@polarnet.com
Bazaars	Sharon Weekley	456-3169	322-9865	alaskantwilight@hotmail.com
Hospitality	Dorothy Stella	456-1454		enlok610@gmail.com
Secret Pals	Colleen Pedretty	474-9334	590-9334	colleenp@acsalaska.net
Small Quilt Auction	Elizabeth Shapland	474-4725		eliza99709@hotmail.com
Sunshine Sue	Bonnie Post	455-6583		owascolake@acsalaska.net
Wall Art Quilt	Melissa Sikes		347-1802	melsikes5@gmail.com
Website	Linda Stephenson			LindaAK@gmail.com

BOARD MEETING MINUTES

June 13, 2023

Call to Order: 5:37pm

Attendance: Elaine Thompson McGee, Diana Wariner, Colleen Pedretty, Mary Olson, Marcia Bryant

Minutes

Treasurer: Budget report.

Sew Flurries: Rent has been paid. We are in need of teachers.

Tanana Fair: Apron embroidery has been arranged. Kristen Brown is taking care of sign up. Sign up will be available online and on paper.

Community Service: Sewing is done for the summer. Elaine is considering a sewing day to prep pieced quilts for the longarmer. Discussed the need to write up guidelines for prepping quilts for the longarmer.

Small Quilt Auction: More quilts are needed.

Raffle 2023: Raffle ticket printing cost has doubled. Sue Gross has volunteered to manage the tickets.

Newsletter: Linda isn't able to place on website in July. Joan is not able to do the August newsletter.

Old Business: Brochure modifications are in progress. Activity check-off lists are in progress.

New Business: Discussion regarding rebuilding the website. Members will bring ideas to the next meeting. Letter requesting a donation from Sally Benevento of Fairbanks Host Lions read.

Meeting adjourned

Next Board Meeting: July 11, 2023

Next General Meeting July 18, 2023

CABIN FEVER QUILTER'S GUILD

June 20, 2023, Meeting Minutes

WELCOME/INTRODUCTIONS OF GUESTS AND NEW MEMBERS

Meeting was called to order at 7:06pm. Welcome to visitor Jane.

APPROVAL OF MEETING MINUTES

President Diana asked for an approval of the May meeting minutes. Karyn Janssen made a motion to approve minutes and seconded by Amelia Houtchens. Notes were approved by the general membership.

TREASURER'S REPORT

Colleen Pedretty presented the Treasurer's Report. The General Fund beginning balance was \$24,714.09; ending balance was \$24,717.64.

Raffle account beginning balance was \$1,380.37; ending balance was \$802.69.

Total Balance: **\$25,520.33**

COMMITTEE REPORTS

Hospitality: Pat Fox thanked everyone for all the goodies and that the book was being passed around.

Membership: Bobbie Tarkiainen had no updates this month.

Sunshine Sue: Card was sent to Tina Rothwell.

Newsletter: Joan Kluwe needs a volunteer for the August Newsletter. Sharon Weekly volunteered to cover that month.

Community Sewing: Elaine Thompson McGee reported that community sewing is done for the summer but watch out for a pop sewing day to prep for the fall. The group completed several quilt backs. Elaine needs to step back from some of her duties in the Guild, starting with Community Sewing. She is looking for someone to coordinate with Red Cross, please reach out to Elaine if interested.

Google: Added several people to the google account.

Secret Pals: Gifts out on the table.

Publicity: Kat Helmuth added the Guild Meeting notice on the Facebook page.

Raffle Quilt 2023 "Mocha Mountains": Sue Gross volunteered to manage tickets so pick some up tonight and sell, sell, sell! Pictures of the quilt are available. We do need to find a place for the quilt to hang on display for the summer when not at the fair. Some ideas suggested were Riverboat Discovery or Fountainhead Museum. Need a volunteer willing to make some phone calls or visits. Please reach out to Diana if you are willing to help.

Sew Flurries: Mary Olson is the chairperson for this event. Dates for Sew Flurries are September 16-23 at the Lion's Building at the Fairgrounds. Looking for individuals to teach classes. Gayle volunteered to teach something.

Tanana Valley State Fair: Tricha gave an update on the fair and Kristen Brown had a sign-up sheet for volunteers. Sponsors for the Grand Champion, Junior Grand Champion, and Viewer's Choice have been obtained.

Small Quilt Auction: Elizabeth Shapland needs all small quilts by the July general meeting and can accept last minute small quilts on Entry Day at the Fair on July 22nd.

Quilt Alaska: No update currently.

Block of the Month: Dambra Callahan won the beautiful baskets that were May's BOM. Next month's block will a bird block.

OLD BUSINESS

Workshop: Looking for a volunteer to help with workshops.

NEW BUSINESS/ ANNOUNCEMENTS:

Elaine Thompson McGee came up to talk about Quilts of Valor and how that important group could use some financial support. They make dozens of quilts each year that go directly to local community members that have served in our armed forces. Elaine requested the Guild donate \$1,000.00 to QOV. Some discussion was had by the general membership. The motion to donate \$1,000.00 to QOV was made by Elizabeth Shapland and seconded by Pat Fox. The general membership approved said motion unanimously.

Continued on page 4

June Meeting Minutes (continued from page 3)

It was suggested that the Guild place a line item in 2024's budget for donations and perhaps a line item specifically for QOV. This will be discussed at the board meeting.

Karyn Jansen has white and neutral fabric from Ellen's stash to sell at the break. She will have an open house in June starting at noon on Friday June 23rd until 5pm on Sunday June 25th.

Sue Gross said that the Calico Cow is requesting some members of our Guild to go to Delta on July 19th and be judges for the Delta Fair entries. Sue is willing to drive the group down. Several volunteers let Sue know that could help.

Break @ 07:38 pm; Back @ 08:08 pm

SHOW AND TELL: There were several beautiful quilts and small wall hangings shown this month.

BOM DRAWING: Dambra Callahan

FAT QUARTER DRAWING: Dambra Callahan

NAME TAG DRAWING: Carol Moore

DOOR PRIZES: Jenette, Colleen, Veronica, and Michelle

Next Board Meeting: July 11, 2023, at Elks Lodge at 5:15 pm.

Next General Meeting: July 18, 2023, at Faith Baptist Church at 7 pm.

Meeting Adjourned @ 8:33 pm. Respectfully submitted by Kristen Brown

NOTES & NEWS**SMALL QUILT AUCTION**

WE ARE IN NEED OF SMALL QUILTS FOR THE FAIR! This popular fundraiser is a big boost to our budget. The [Small Quilt Auction guideline and form](#) is at the bottom of the sitemap on the guild web page: www.cfqgalaska.org/sitemap.htm or see page 7 for an entry form. **Turn in your quilts at the July meeting**, or contact Elizabeth Shapland, eliza99709@hotmail.com, 378-2637 to arrange a dropoff. **DEADLINE: JULY 17, 2023 GUILD MEETING**

FAIR NOTES FROM KRISTEN BROWN VIA THE LISTSERV:

Thank you to all who have signed up so far to help at the fair! We only have 4 judges so we still need more help! There are also still several time slots left to cover the quilt shows. To sign up, contact Kristen Brown at 907-978-3586.

Don't miss the deadline!

**THANK YOU!**

Thank you to all who contribute time and effort to the guild. Volunteers make EVERYTHING happen in our guild. A BIG THANK YOU this month to Sharon Weekly for volunteering to compile the August newsletter! **Please send all AUGUST newsletter submissions to Sharon.**

RED CROSS AND DONATED QUILTS

Elaine spoke to Julie Swisher, the new Executive Director of the American Red Cross here in Fairbanks. She told her that the Red Cross has a new national policy and will no longer be taking in donations of goods. This includes the quilts we have been giving them. All the quilts we have donated to the local Red Cross and been given out. At this time, Community Service will now focus on quilts for Stevie's Place and Hospice. If you were thinking of making tops this summer to donate, the quilts for Stevie's Place can be any colors and should measure around 45 x 58 inches. Quilts for the Hospice should be neutral and can be a bit larger, but nothing larger than 60 x 80. As always, if you have any questions, contact Elaine Thompson McGee at elainetm@gmail.com or 907-322-0448.

ANNOUNCEMENTS ~ This & That!

VOLUNTEER OPPORTUNITIES

QUILTS OF VALOR

- Sally Benevento:
Quilting Lions & Friends
- sallyb@gci.net , 479-5203



COMMUNITY SEWINGSEWING



Community Sewing is on summer break; we will start sewing again in the fall.

Questions? Contact: Elaine Thompson
McGee 907-322-0448
elaineltm@gmail.com

July Hospitality

- Ice: Nancy Junk
- Beverage: NEEDED
- Veggies and Dip: Jeanne Maddux & Marion Benham
- Appetizers: Jo Ann Lynn & Pat Fox
- Sweets: Veronica Belton, Vivian Stiver & Kelley MacDonald

Google Groups

- The Guild uses Google Groups for communications.
- As I receive new membership information, I will send an invitation to you from the CFQG Google Group.
- You will receive an email from CFQG with a subject line of **Invitation to Join**.
- All you have to do is click on the blue box that reads **Accept this invitation** and you will have joined the group.

If you have not received the email, the link is:

<https://groups.google.com/g/cfqq/>

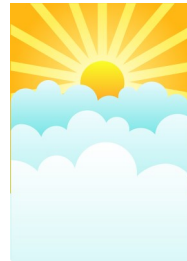
Elaine Thompson McGee
322-0448 elaineltm@gmail.com

FAT QUARTER DRAWING

- July - White on black, black on white
- August - Berries
- September - Neutrals
- October - Purple
- November - Fall colors, leaves
- December - Christmas Fabrics



Sunshine Sue News



Cards were sent to:

Tina Rothwell
and
Dorothy Stella

UPCOMING EVENTS

Tanana Valley State Fair—July 28-Aug 6

Sew Flurries-September 16-22

Find us...



Webpage:

<http://www.cfqgalaska.org>

Look for the forms, events, policies, etc.



Facebook:

<https://www.facebook.com/CabinFeverQuiltersAlaska>

Flying Bird July BOM

- Background...Light blue
 ---Bird...Any color combo you like: All one color or all different colors
 ---Size...8 1/2 in by 8 1/2 in.

Let the winner do the trimming

Cutting Instructions

BIRD colors	BACKGROUND Light blue
---M 1 x 1	---A 1 1/2 x 2 1/2
---N 3 x 2 1/4	---B 1 1/2 x 3 1/2
---O 3 x 2 1/2	---C 1 3/4 x 3
---P 3 x 4	---D 1 x 1
---Q 3 x 3	---E 1 1/4 x 1 1/4
	---F 1 x 1
	---G 1 x 1
	--H 1 1/2 x 4
	---I 3 x 3
	---J 1 1/2 x 1 1/2
	---K 2 x 2
	---L 2 1/4 x 2 1/4

Sides..2 1 1/2 x 6 1/2
 Top/Bottom 2 1 1/2 x 8 1/2

SEWING the block...Check the diagram. There are several pieces that are sewn on the diagonal

Part 1. Sew (on the diagonal) M to upper right corner of B. Fold back, press, trim

--Add A to top of B

Part 2. Sew (on the diagonal) D and E to the top corners of N. Fold back, press, trim

--Sew (on the diagonal) F and G to the bottom corners of N. Fold back, press, trim

--Sew C to top of N

---Sew O to bottom of N

Sew part 1 and part 2 together. Sew H to bottom of Part 1 plus part 2.

Part 3. Sew (on the diagonal) I to upper left corner of P, Fold back, press, trim

--- Sew (on the diagonal) J to lower right corner of P. Fold back, press, trim

---Sew (on the diagonal) K to upper right corner of Q. Fold back, press, trim

---Sew (on the diagonal) L to lower left of Q. Fold back, press, trim

---Sew P I J to QLK together

Sew Part 3 to Part 1,2

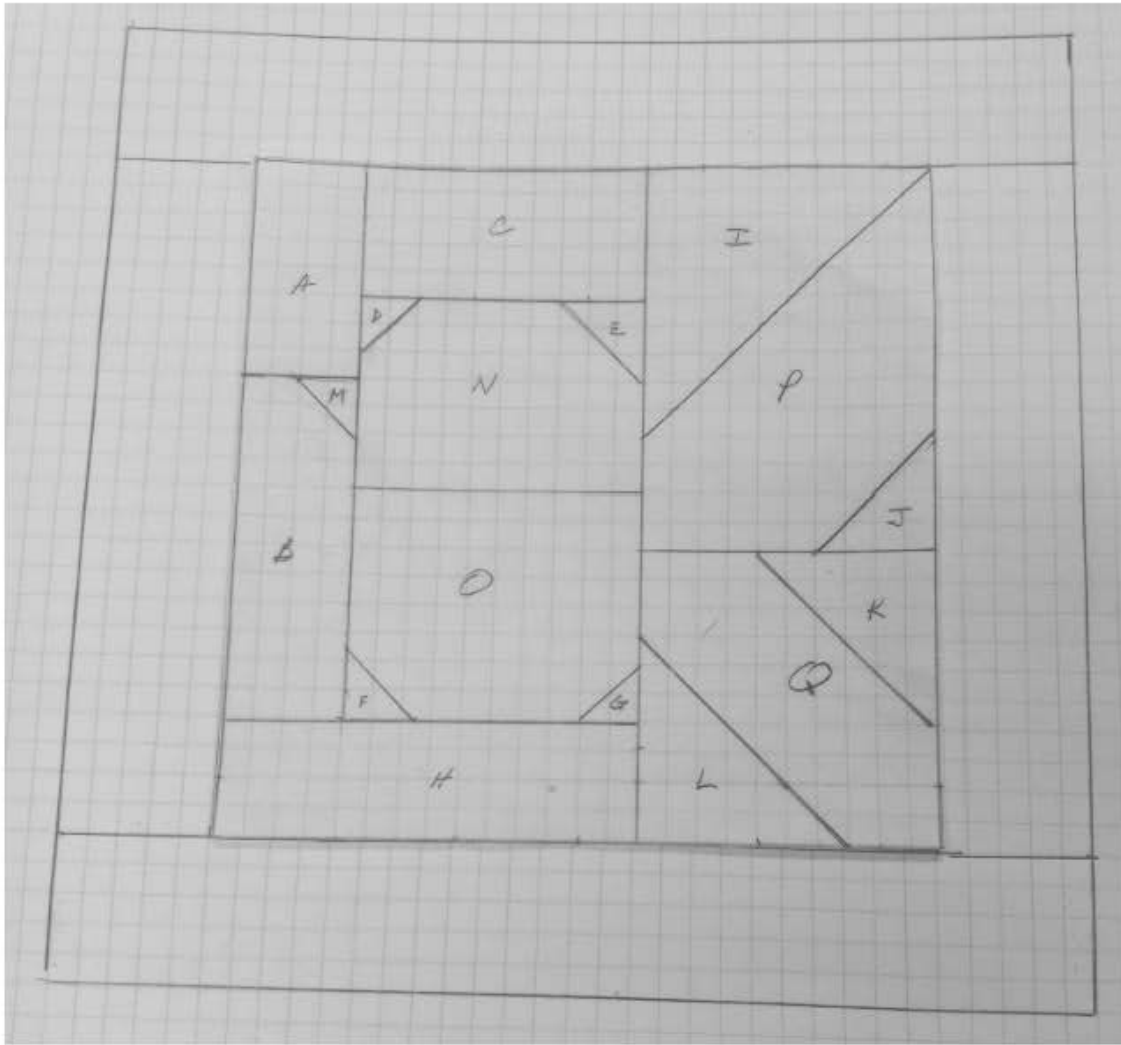
Add 2 side pieces (1 1/2 x 6 1/2) to block, then add top and bottom (8 1/2 x 1 1/2) Again, the block should measure about 8 1/2 x 8 1/2.

Let the winner of the blocks do the trimming.



July Block of the Month Sewing Diagram

NOTE: NOT to scale



Small Quilt Auction Entry Form

Quiltmaker's Name: _____

Quilted By (if different from quiltmaker): _____

Title of Quilt: _____

Predominate Colors: _____

Width: _____ Length: _____ (Size Range: No smaller than 8" by 8" and no larger than 100" around)

Construction / Finishing Techniques:

- | | |
|---|--|
| <input type="checkbox"/> Hand Pieced | <input type="checkbox"/> Hand Embroidered |
| <input type="checkbox"/> Appliqued | <input type="checkbox"/> Enhanced Panel |
| <input type="checkbox"/> Hand Quilted | <input type="checkbox"/> Tied |
| <input type="checkbox"/> Machine Pieced | <input type="checkbox"/> Machine Embroidered |
| <input type="checkbox"/> Embellishments | <input type="checkbox"/> Machine Quilted |
| <input type="checkbox"/> Other | |

Instructions: Please label your quilt with a permanent marker or embroidered label, giving

- the name of maker(s),
- place made (such as Fairbanks or Alaska)
- and the year.

Please pin this form to your quilt before you turn it in.

Other Significant Information: _____

Cabin Fever Quilt Guild
PO Box 83608
Fairbanks, AK 99708

CABIN FEVER QUILTERS' GUILD MEETING



July 19, 2023

Meeting 7 - 8:30 PM

- *Wear Your Homemade Name Tag!*
 - *Show & Tell Your Projects*
 - *Block of the Month*
 - *Fat Quarter Drawing*