



# Northern Comfort

Vol. 31, No.10 Cabin Fever Quilters' Guild October 2009 Fairbanks, Alaska

October 2009  
President's Letter

The first snowfall of the season sent me scurrying off to get snow tires on the car before spending hours raking up mounds of heavy, wet leaves. Grumble, grumble... It's only September! Then I sat down to read the October/November issue of *Quilting Arts* magazine and found an article (page 62) about using snow to dye fabric. The author, Judi Yakab, bemoaned the fact that after she learned about the technique, she had to wait two whole months until she had snow to be able to try it out. Well, now we won't have that problem, will we? So, there you go...

Thanks to all of you who filled out workshop surveys! They will be available at the Annual Dinner, also, or you may contact me about getting a copy. Surveys are due October 24. That way I can present the results to the new Executive Board at their first meeting.

Thirty years ago at this time, I had just begun my first quilting class, taught by Mary Beth Smetzer and Linelle McEntire. We eagerly pored over what few magazines or books we could find that had pictures of quilts. We learned to decide on three colors for our quilts and then carefully select cotton fabric with those colors. Although machine work was heard of, it was understood that the more handwork in a quilt, the better. After a few classes, we were invited to attend the very first "Annual Meeting" of the one-year-old Cabin Fever Quilters Guild. I decided to go and so walked into the potluck at Julie Scott's parents' house and met, I recall, about 25 women, all of whom shared my budding interest in quilts. The rest, as they say, is history... Quilting, to say the least, has changed in so many ways, but it is still very, very fun to look at wonderful quilts with people who share my excitement! This is just one of the things that have made my term as president such a good experience. You have all been so helpful and gracious and encouraging. Whenever something needed to be done, somebody stepped in to take care of it. It has truly been enjoyable. Thank you.

I look forward to seeing as many of you as possible at the JP Jones Community Development Center on Tuesday, October 20 (Dinner at 6pm, Meeting at 7:15).

Most Sincerely,

Dana Bowne  
451-7469; [dana.bowne@acsalaska.net](mailto:dana.bowne@acsalaska.net)

**November newsletter deadline: Nov 3rd**

please send newsletter items to: [ldstephenson@gmail.com](mailto:ldstephenson@gmail.com) or  
Linda Stephenson, 210 Iditarod Avenue, Fairbanks, AK 99701

## 2008-2009 Cabin Fever Quilters' Guild Board

### President

Dana Bowne, 451-7649, [dana.bowne@acsalaska.net](mailto:dana.bowne@acsalaska.net)

### Vice President

(Open)

### Secretary

Melissa Sikes, 452-5162, [melsikes@gci.net](mailto:melsikes@gci.net)

### Treasurer

Amey Houtchens, 452-7800; [amey.houtchens@gci.net](mailto:amey.houtchens@gci.net)

### Historian

Mary Burke, 374-8932, [mabur@gci.net](mailto:mabur@gci.net)

### Parliamentarian

Janice Cleworth, 452-5551, [jcleworth@mosquitonet.com](mailto:jcleworth@mosquitonet.com)

### First Director (Publicity)

Ellen Coughenour: 488-6730; [ejc@gci.net](mailto:ejc@gci.net)

### Second Director (Newsletter)

Jeannine Senechal, 457-5790, [j9s99@hotmail.com](mailto:j9s99@hotmail.com)

### Third Director (Workshops)

Pam Sprout, 590-9824, [pampace@mac.com](mailto:pampace@mac.com)

## Standing Committees

### Membership

Jeanette Wrede, 479-5132, [verninator@mosquitonet.com](mailto:verninator@mosquitonet.com)

### Annual Dinner

Jan Cannon: 378-6652; [jancann@gci.net](mailto:jancann@gci.net)

Mary Burke: 374-8932; [mabur@gci.net](mailto:mabur@gci.net)

### Block of the Month

Sonja Zastrow: 451-5078; [sonjarae@gci.net](mailto:sonjarae@gci.net)

Carol McConahy: 452-5046; [carol@icyswan.com](mailto:carol@icyswan.com)

### CFQG Yahoo Email List

Laura Fenton: 452-8323, [lfenton@gci.net](mailto:lfenton@gci.net)

### Community Service

Jan Cannon: 378-6652; [jancann@gci.net](mailto:jancann@gci.net)

### Tanana Valley Fair

Kathy Dubbs: 479-3691; [kdubbs@alaska.net](mailto:kdubbs@alaska.net)

### Quilt Alaska 2010

Ann McBeth: 488-8997; [alexann@acsalaska.net](mailto:alexann@acsalaska.net)

### Quilt Slushy 2009

Laura Fenton: 452-8323; [lfenton@gci.net](mailto:lfenton@gci.net)

### Quilting in the Snow (Jan 23-25; 55 people)

Barbara Doogan: 452-6029; [pbsdoogan@gci.net](mailto:pbsdoogan@gci.net)

### QIS Co-Chair, Registration

Jan Cannon: 378-6652; [jancann@gci.net](mailto:jancann@gci.net)

### Raffle Quilt 2010

Barbara Doogan: 452-6029; [pbsdoogan@gci.net](mailto:pbsdoogan@gci.net)

### Raffle Quilt 2009

Joann Lynn: 479-5751

Ellen Coughenour: 488-6730; [ejc@gci.net](mailto:ejc@gci.net)

### UAF Bazaar

Joe Shepherd, 385-3636

### Secret Pals

Jeannine Senechal: 457-5790; [j9s99@hotmail.com](mailto:j9s99@hotmail.com)

### Hospitality

Elaine Thompson McGee: 488-4002; [mcgee@ptialaska.net](mailto:mcgee@ptialaska.net)

## Cabin Fever Quilters' Guild Meeting

3rd Tuesday of each month beginning at 7:15 PM

Monroe High School, Multi-purpose Room

## Cabin Fever Quilters' Guild Board of Directors Meeting

4th Tuesday of each month beginning at 6:30 PM

Location Announced Each Month (see Calendar--last page)

## Cabin Fever Quilters' Guild

PO Box 83608, Fairbanks, AK 99708

### To subscribe to the CFQG email list:

You must be a CFQG member in good standing!

Go to this page to sign up:

<http://groups.yahoo.com/group/CFQG/>

select link "join this group", and follow instructions

You will need a Yahoo id, but not a Yahoo email address

Website:

<http://www.cfqgalaska.org>

**NORTHERN COMFORT** is published monthly on the CFQG Website. Members are notified by email of the web posting. Notify the Newsletter Editor if you wish to receive it by first class mail. Inform membership chair of address changes.

**ADVERTISING:** Quilt related commercial ads: full page \$30, half page \$15, quarter page \$8. Payments should be sent with ad copy. Personal ads related to quilting are free to Guild members on a space available basis. The CFQG cannot accept responsibility for the content of ads.

**CABIN FEVER QUILTERS' GUILD** is a non-profit organization dedicated to promoting the appreciation and knowledge of quilts and quilt making.

**MEMBERSHIP:** Non-members may attend twice as guests. Guild membership is open to anyone interested in quilts.

Annual dues: \$25, payable in October

\$20 for Sr. Rate 60+ years

\$15 newsletter only

**NEWSLETTER SUBMISSION:** Items/corrections are due 2 weeks after the Guild meeting unless otherwise announced:

Mail: Jeannine Senechal Email: [j9s99@hotmail.com](mailto:j9s99@hotmail.com)

366 Crestmont Drive

Fairbanks, AK 99709 Phone: 907-457-5790

Acceptable file formats: MS Word (.doc) files;  
text (.txt) or RTF (.rtf) files;  
PDF (.pdf) files

Please include the 3 letter file extension

### Web Coordinators

Dee Carpenter: 452-7469, [mailto:ee\\_carpenter@yahoo.com](mailto:ee_carpenter@yahoo.com)

Laura Fenton: 452-8323; [lfenton@gci.net](mailto:lfenton@gci.net)

Mary Burke: 374-8932; [mabur@gci.net](mailto:mabur@gci.net)

## **CABIN FEVER QUILTER'S GUILD - General Membership Meeting**

### **Minutes for September 15, 2009**

The meeting was opened by President Dana Bowne at 7:17pm. Visitors and guests were welcomed. Minutes were approved.

#### Treasurer's Report

Treasurer Amey Houtchens gave a written and oral report. The Guild has \$15,019.91 in the regular account and \$2,697.84 in the raffle account. Deposits totaled \$80.00 for the regular account. Disbursements totaled \$945.23 from regular account. No raffle account deposits; \$291.27 was disbursed out of the raffle account.

#### Old Business

1. Esterita Austen Lecture and Workshop - Pam Sprout reported that we have 10 registered for Saturday, and 12 for the Thursday and Friday class. The lecture will be at 7pm on Sept 30. Registrations accepted up to day before class. Classes will either be at the Wedgewood resort or the old "fly" shop by Northern Threads.
2. Nominating committee- Janice Cleworth reported the slate of officers for approval next month at the annual dinner/meeting. The list is posted in the September newsletter.

#### New Business

1. Survey - Dana Bowne passed out copies of the workshop survey and asked members to fill it out and hand it back as soon as possible. Many did during the meeting.

#### Committee Reports

1. Membership - no report, Dana read off the names of members who never picked up their cards.
2. Block of the Month - No sample was shown.
3. CFQG Yahoo Email List - no report.
4. Community Service - Showed the quilt they made for the Breast Cancer Detection Center auction as well as many other finished quilts. They resume next Saturday 9/26 at the Food Bank.
5. Tanana Valley Fair - Thank you's for the small quilt auction donations were handed out at the meeting.
6. Raffle Quilt 2009 - the quilt was on display for first Friday at Expressions in Glass. Ellen thanked folks who helped and Community Service for providing the info board and other quilts for the display. Ellen said Deb offered to have a first Friday again for next year's quilt.
7. UAF Bazaar - Jo Sheperd applied for Saturday November 17<sup>th</sup>. Laura Fenton will be offering a string bag class at Material Girls on Saturday Sept 26<sup>th</sup>, 10-2pm. Attendees will make two bags, one for the Bazaar and one to take home. Jo will have a sign up sheet at the annual meeting with time slots for the Bazaar.
8. Raffle Quilt 2010 - no report.
9. Annual Meeting/Dinner - Mary and Jan reported the annual meeting will be at JP Jones Community Center and will be catered buffet style. Registration forms were available at the meeting and in the newsletter. Members can attend the annual meeting without attending the dinner if they want.

#### Announcements

1. September Board Meeting will be September 22nd at 6:30pm at Mary Siah.
2. Melissa Sikes announced the Creamer's Sew-In will resume Sunday September 27<sup>th</sup> from 12-6pm.

#### Break

After the break, show and tell was held with many beautiful items shown. Drawings were held. Fat Quarters - Kathy Johnson; Block of the Month - Mary Olson; Door Prizes - Muriel Toole, Carol Moore.

Respectfully Submitted,  
Melissa Sikes, Secretary

## **Executive Board Meeting Minutes for September 22, 2009**

Meeting convened at 6:30 pm at the Mary Siah Recreation Center.

1. Melissa Sikes and Jeannine Senechal were excused.
2. We decided to place an ad in the Daily News-Miner advertising the Esterita Austin lecture and workshops.
3. We agreed on topics to discuss at the Board meeting on October 27, which will include both the present Executive Board and the incoming one.

Respectfully Submitted,  
Dana Bowne

## **FROM THE NOMINATING COMMITTEE**

Candidates for Guild offices for the 2009-2010 year are as follows:

<b>President:</b>	Jeannine Senechal	<b>Parliamentarian:</b>	Janice Cleworth
<b>Vice President:</b>	Mary Burke	<b>1st Director, Publicity:</b>	Alice Del Bosco
<b>Secretary:</b>	Joan Kluwe	<b>2nd Director, Newsletter:</b>	Linda Stephenson
<b>Treasurer:</b>	Beth Evans	<b>3rd Director, Workshops:</b>	Timmie Sue Edgerley
<b>Historian:</b>	Jo Ann Lynn		

The election will be held at the October Annual Meeting. As provided in the by-laws, additional nominations for office may be made from the floor at the annual meeting with the consent of the nominee. If you have questions about the nomination process or Guild offices, please contact one of the nominating committee members listed below.

Janice Cleworth (chair):	<a href="mailto:jcleworth@mosqitonet.com">jcleworth@mosqitonet.com</a> , 452-5551
Joan Kluwe:	<a href="mailto:jk2ak94@fulbrightmail.org">jk2ak94@fulbrightmail.org</a> , 421-2536
Kathy Richardson:	<a href="mailto:kjrich@mosqitonet.com">kjrich@mosqitonet.com</a> , 456-6236
Mary Worrall:	<a href="mailto:mmcw123@yahoo.com">mmcw123@yahoo.com</a> , 452-2504
Sonja Zastro:	<a href="mailto:sonjarae@gci.net">sonjarae@gci.net</a> , 452-4850

## **No Block of the Month for OCTOBER**

**Remember to bring your entry for the "Fabric Beauty Contest"!!**

## Community Service is Back!

Community Service "sew ins" are back in full force! Join us in making quilts for house fire victims.

**This month's project: "Potato Bags" for the University Bazaar.  
Saturday, October 24, 10am - 4pm (Potluck Lunch)  
Girl Scout Council Offices, 431 Old Steese Hwy.**

Please note that this is a week later than usual. Next month we'll return to the regular schedule, the Saturday before the Guild Meeting!

Questions: Contact Jan Cannon, 378-6652; [jancann@gci.net](mailto:jancann@gci.net).

## Fat Quarter Drawing

Build your FQ stash! Win prizes! Join the Guild's Fat Quarter Exchange. Each month a different theme. For every FQ you bring you get one entry in the drawing. Winner takes all!

**New for 2009!!** Each month there will be a special fat quarter packet reflecting that month's theme. The winner of the drawing receives the special FQ packet plus all the fat quarters contributed by members.

### October Theme -- Children of the World

October is United Nations Month. Celebrate diversity. Build peace. UNICEF. Mothers and children. Cities of the world. Indigenous peoples. Live green. Water for life.

### November Theme -- Thanksgiving!

Harvest fruits and vegetables. Cornucopia! Things we are thankful for! Family and friends. Moose eating leftover Pumpkins! Turkey with all the trimmings!

Monthly Themes: Join in the fun! Do you have a theme idea for a future month. Submit suggestions to Jeannine Senechal before the 1st of the month.

## Things to Celebrate in October with your Secret Quilting Pal

October is **Adopt a Shelter Animal Month!** It's also is Apple Month, Pizza Month, Dessert Month, and Family History Month!! Hard to be bored when you're celebrating all these wonderful days! Here are some other things to celebrate in October:

14th - Grover's Birthday!

16th - Dictionary Day

18th - Alaska Day

20th - Monster Mash Day!

22nd - National **Nut** Day!

24th - United Nations Day

25th - Make a Difference Day

31st - Halloween!

## Cabin Fever Quilters Guild Annual Dinner

October 20, 2009 ♦ Buffet Dinner at 6pm ♦ Meeting at 7:15pm

Location: JP Jones Community Development Center (JPJCDC), 2400 Rickert St., Fairbanks

\$20.00 per person for dinner ♦ No charge to attend meeting only @ 7:15 pm

Catered by Midnight Sun Catering ♦ Douglas & Sonja Campbell

### Menu

Caesar Salad or Garden Greens Tossed Salad w/Raspberry Vinaigrette  
Sautéed Fresh Vegetables w/Bacon & Roasted Pecans  
Garlic Roasted Baby Red Mashed Potatoes or Rice Medley  
Denali Roast Beef or Chicken Margarita  
Dinner Rolls w/Butter

### Beverages

Coffee ♦ Iced Tea ♦ Lemonades ♦ Bottled Water  
(Sorry, no alcoholic beverages allowed at this location)

### Dessert

Cake

Call to confirm reservation (Jan Cannon, 378-6652; [jancann@qci.net](mailto:jancann@qci.net)). Pay at the door accepted.

**!! MEMBERSHIP RENEWAL TIME !!**

**Your membership expired September 30th. Renew Now!**

**Renewal Form enclosed or online at:**

**<http://www.cfqqalaska.org/memberform2009.pdf>**

**Or renew at the Annual Dinner. Must renew in order to vote for officers.**

**Don't Forget your entry in the "Fabulous Fabric Beauty Contest".**

**Display and judging at the Annual Dinner. Time's whizzing by!**

**Questions? Contact Jan Cannon.**



## WELCOME TO OUR GUILD

Please take a few minutes to tell us about yourself. How long you have lived here? Where did you grow up? How did you hear about us? What are your hobbies and interests? Your quilting experiences? Family? Anything that will help us get to know you.

## Happy Birthday

Mary Beth Juday	10/17	Jeanette Grasto	11/2
Jo Ann Lynn	10/18	Margo Pierson	11/9
Bernice Deely	10/20	Jamie Devries	11/10
Marty Russell Hade	10/23	Jeanette Wrede	11/16
Terri Koppy	10/29	Dorothy Helgeson	11/19
Virginia Jones	10/31	Joe Shepherd	11/20

## October Hospitality

Just bring yourself and your appetite to the Annual Dinner and sign up for November Hospitality!

## ABOUT THIS NEWSLETTER

Members are encouraged to submit ideas and articles for the newsletter. We want it to be interesting and informative. Some of the things previously put in the news letter include book reviews, recipes, puzzles, jokes, quilting stories, history, trivia and other tidbits.

The newsletter is regularly posted on the CFQG Website and members are notified through a Yahoo Group email, approximately one week prior to the general meeting. If you don't have easy email or internet access, the newsletter will be mailed to your home address. Please notify the newsletter editor if you wish to receive it by U. S. mail. Mailed copies will arrive a few days after the web posting.

## Harvest Vegetable Roast

6 small, whole potatoes, with peels	$\frac{1}{4}$ - $\frac{1}{2}$ cup balsamic vinegar
3 cups combination of fresh vegetables - (carrots, yams, parsnip, turnip, onion) cut in 2"pieces	1/3 cup dry white wine
6-8 Tbsp olive oil	2/3 cup chopped fresh basil
10cloves garlic, peeled and chopped	Fresh ground peppercorns
1-2 Tbsp sugar	$\frac{1}{4}$ cup fresh chopped parsley

Preheat oven to 425°. Put 4 tbsp olive oil in the bottom of a 9 x 13-inch baking dish and heat in oven for 5 minutes. Add vegetables, tossing to coat. Roast, turning occasionally, for 30 to 35 minutes or until tender.

Meanwhile, prepare sauce: In a small skillet, heat remaining 4 tbsp olive oil; add garlic. Cover and cook over very low heat for about 10 minutes, or until tender. Sprinkle in sugar and stir until garlic is caramelized. Add vinegar, white wine, basil and simmer 2 minutes. Spoon sauce over the roasted organic potatoes. Sprinkle ground pepper and parsley.

## Calendar

Cabin Fever Quilters' Guild Meeting-Third Tuesday, 7:15 p.m., Monroe High School Multi-purpose room

Cabin Fever Quilters' Guild Board Meeting-Fourth Tuesday, 6:30 p.m., Mary Siah Center

### Group Activities -- Sew-Ins

Community Service Sew-Ins, Saturday following Guild meeting, Sept thru May. Next meeting below.

Contacts: Jan Cannon 378-6652, [jancann@gci.net](mailto:jancann@gci.net) or Nancy Junk, 452-4438, [nancy@arcticgunworks.com](mailto:nancy@arcticgunworks.com)

Creamer's Field Farmhouse Sew-Ins, 2nd Sunday following Guild meeting, Sept thru May. Next meeting below.

Contact: Melissa Sikes, 347-1802.

Sunday Sew-Ins at Pioneer Park, Sunday prior to Guild meeting, Sept thru May. Next meeting below.

Contact: Penny Dean, 479-5310, or 388-5186 (cell).

### Small Groups

**Threads in Motion:** First or second Sunday of the month, 3-6 p.m., Karin Milne, 474-9580 or [milne@mosquitonet.com](mailto:milne@mosquitonet.com), for location. (Note: Currently not taking new members due to size of meeting space.)

**Monday Migrators:** Every Tuesday, 10 a.m. at Material Girls. Shirley Phelps, 479-2512.

**Totally Tuesday:** Second Tuesday: Laura Fenton's, 7p.m. Laura Fenton, 452-8323.

**Long Arm Quilters Support Group:** This group meets the 2nd Tuesday of each month at different members' homes. Meetings are open to anyone interested in the machine quilting field. For date, time and location of upcoming meetings, contact Teri Helmers at 479-8779, [quilter58@yahoo.com](mailto:quilter58@yahoo.com)

**Thursday Thimbles:** Every Thursday, Barbara Doogan's, noon. 1423 4th Ave., Barbara at 452-6029.

Alternate Summer Location: Kathy Richardson's, 1032 8th Ave., 456-6236.

**Crazy Ladies Appliqué Group:** 2nd & 4th Thursday, Noel Wien Library, 6:30-9 p.m. Karyn Janssen, 488-2834 or CJ Thomas, 479-9745

### CFQG Dates to Remember this Month

(see above and Page 2 for contact information)

#### October 2009

- 20 Guild Meeting and Annual Dinner, JP Jones Community Development Center, 2400 Rickert St.  
Dinner at 6:00 pm; Meeting at 7:15 pm (see p. 8)
- 24 Community Service Sew In, Girl Scout Council Office, 431 Old Steese Hwy, 10 am to 6 pm
- 27 Board Meeting, Mary Siah Recreation Center, 6:30 pm
- 11/1 Creamer's Field Farmhouse Sew-in, 12:00 - 6:00 pm

#### November 2009

- 17 Guild Meeting, Monroe High School, 7:15 pm
- 21 Community Service Sew In, Food Bank, 10 am to 6 pm
- 24 Board Meeting, Mary Siah Recreation Center, 6:30 pm
- 29 Creamer's Field Farmhouse Sew-in, 12:00 - 6:00 pm

Cabin Fever Quilters' Guild  
P. O. Box 83608  
Fairbanks, AK 99708

**October**  
Meeting Reminders

Don't Forget

**Annual Dinner**

**Fabric Beauty Contest Show and Tell**

**Fat Quarter Exchange - Children of the World**

**Remember your Secret Quilting Pal**