



Cabin Fever Quilters' Guild

*CELEBRATING OVER 40
YEARS*

Northern Comfort

SEPTEMBER NEWSLETTER



***Please Send All Future Newsletter Announcements to cfqgnewsletter@gmail.com

September Birthdays

6 Deirdre Zeigler	18 Ashley Arsenault
7 Martie Lamont	18 Pam Sprout
9 Barbara Doogan (Babs)	21 Dawn-Marie Karella
9 Jerrie Weatherford	21 Jeanne Sneddon

Happy Birthday



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NORTHERN COMFORT is published monthly on the CFQG Website. Members are notified by email of the web posting. Paper copies are available via first class mail for an annual fee of \$25. Please inform Membership Chairman of any address changes. **ADVERTISING:** Personal ads related to quilting are free to Guild members on a space available basis. Quilt related commercial ads: full page \$30, half page \$15, quarter page \$8. Payments should be sent with ad copy. The CFQG cannot accept responsibility for the content of ads.

CABIN FEVER QUILTERS' GUILD is a non-profit organization dedicated to promoting the appreciation and knowledge of quilt and quilt making. **MEMBERSHIP:** Non-members may attend twice as guests. Guild membership is open to anyone interested in quilts.

Annual Dues:
\$30 payable in October
\$25 for Sr. Rate 60+ years
\$25 extra for a mailed

Newsletter subscription, others can view on CFQG website.

NEWSLETTER SUBMITTALS:
Items/corrections are due by the 27th unless otherwise announced:

Email subject line **MUST** contain:

CFQG Newsletter

Acceptable file formats: WORD (.docx), Adobe PDF, JPG, TIFF, BMP, GIF (Please include the 3 letter file extension)

When submitting an article, please send in a Word or Google document.

Board Meeting

Board Meeting Canceled

Next Board Meeting At The Noel Wien Library

October 13th, 5:30pm

CFQG General Meeting Minutes

CFQG General Meeting Minutes

August 11, 2026

The meeting was called to order at 7:07 by President Diana Wariner

Welcome to Guests Heather Evans, Cindy Hempfier, Linda Longley, Janet Davidson & Jamie Stead and glad to see Ruthe Rasmussen from Anchorage!

July minutes: Dorothy Stella moved to approve, Loly Carpluk seconded. Minutes approved.

Treasurer report – Look for 2027 Budget proposal in Sept Newsletter, we'll vote in Oct.

COMMITTEE REPORTS

Hospitality-Clipboard is being circulated for Sept meeting

Sunshine Sue- Sue Gross volunteered for next year.

Community Sewing- Marcia Bryant still looking for co-chair

Raffle Quilt 2026- "Forever Winter" Quilt did well at the Fair. Over \$4,000 deposited so far. Pat Fox has tickets Remember that books stay together. Please make sure all stubs for tickets sold have name and phone number.

Raffle Quilt 2027 - We decided to do an Alaskan theme every other year. We have opportunity to purchase either 2025 or 2026 Marie Noah Shop Hop quilt kit before price goes up. Pat Fox moved that we invest in quilt kit now, Colleen Turner seconded. After Discussion, Karyn Janssen amended the motion to purchase both, Pat Fox seconded. Motion carried. Note: We also have a partially done kit from Nancy Junk that we can use for a raffle. We will have discussions at board meeting which to do next year.

Lura's Quilt Slushy- Jennifer Pearson & Sharon Weekley will chair again next year.

Sew Flurries- Mary Olson - Lion's Club (fairgrounds) 9/17 to 9/22 10 am to 6 pm Potluck Sunday 9/20. 6 classes available, samples shown. Supply lists on website. If registering for Sarah's class, please indicate kit preference.

Veronica Belton is accepting donations for auction table.

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President

Diana Wariner

(206) 795-2504

diwariner@gmail.com



Vice President

Sonja Zastrow

(907) 378-2996

mrs.sonjaz@gmail.com



Secretary

Carol Moore

(907) 687-8984

caroljmoore@gmail.com



Treasurer

Bobbie Tarkiainen

(907) 479-3209

thebagladiesoffairbanks@gmail.com



1st Director

Trisha Immonen

(907) 347-0562

trichainak@gmail.com



2nd Director

Sharon Weekley

(907) 322-9865

alaskantwilight@hotmail.com



3rd Director

Dorothy Stella

(907) 347-7904

enlok610@gmail.com



Cold Weather Policy

If the temperature at noon,
on the day of meeting is BELOW
-30 degrees

General Membership Meeting
will be canceled

Call Time and Temp 907-452-3553

CFQG General Meeting Minutes

CFQG General Meeting Minute continued...

Tanana Valley Fair – 7/31 – 8/9 Veronica Belton and Trich Immonan will give report next month.

Small Quilt Auction - Elizabeth Shapland - report next month.

Bazaar at the Fair– Sharon Weekley reports that 89 potholders were sold, total \$1,347

Workshop - Corlis Taylor – Carol McConahy Aug 22-23 at 8 Star Event Center rooms 102 & 103. Sign up on website. Class is “gentle” Curved Piecing. Sample and pattern at Northern Threads. Lecture Fri Ag 21 @ 6 pm Alaskaland Civic Center Blue Room (next to Bear gallery)

Quilt Alaska - Jeanne Sneddon – Very successful! 1200 votes for Viewer’s Choice (#5 was our ralle quilt) Winner Trish Immonan, runner up Ann McBeth

Block of the Month – Jeanne Sneddon – 16 blocks won by Martha Hocking. Sept block is Autumn Frames.

OLD BUSINESS

Board Positions open for next year President, Secretary & First director (donations), vote in October

NEW BUSINESS

Sonja Zastrow has fabric for Fat quarter Challenge available \$3 Annual Dinner Oct 20 Location TBD

ANNOUNCEMENTS

Sue Gross asked for estimate of interest in approaching Chena Hot Springs about bus transportation.

Nancy Junk books for sale in back room, next month the rest of her fabric

DRAWINGS

Name Tag: Dambra Callahan

Fat Quarters: Martha Hocking

Door Prizes: Cindy Hempfier, Marcia Bryant, Janet Davidson

BREAK

Show and Tell

Adjourned 8:35pm



Announcements



Fat Quarters

Drawing

Let's get ready
For Halloween
Purple, Black
& White

UP COMMING EVENTS

- Sew Flurries Sept 17 - 22
- Annual Dinner Oct 20 Fat Quarter Challenge

Sunshine Sue

Please send any notices to
caroljmoore907@gmail.com

NO UPDATE

**IF YOU KNOW OF SOMEONE
IN OUR GROUP WHO COULD USE
A THOUGHTFUL CARD PLEASE SEND
AN EMAIL TO
CAROL MOORE**

HOSPITALITY

- Ice: Carolyn Weaver
- Beverage: Dorothy Stella, Rebecca Taylor
 - Veggies & Dip: Trisha Imonen, Jennifer Pearson
 - Appetizes: Colleen Pedretty Sharon Weekley, Veronica Belton
 - Sweets: Kelly MacDonald, Mary Olson, Anna Finkle

Find us...



Webpage: <http://www.cfqgalaska.org>
Look for the forms, events, policies, etc.

Facebook:

<https://www.facebook.com/CabinFeverQuiltersAlaska>

Announcements

VOLUNTEER OPPORTUNITIES

QUILTS OF VALOR



The Quilts of Valor sewing group meets once a week on Thursdays, from 10 - 2:30, the location can vary. Quilts are awarded to recipients monthly. If you are at a guild meeting, talk to Kelley MacDonald or Elaine Thompson McGee. The QOV contact is Bobby Kirchner at 907-590-0932 or by email cbkrchnr@gmail.com

COMMUNITY SEWING

Marcia Bryant needs a Co-Chair!

Please contact
Marcia Bryant (907) 317-2185 OR any board member for chair duties

New to the Guild?

Participate in drawings!

Meeting starts at 7pm, arrive a few minutes early to

Enter your name in for the following drawings:

Door Prize

Name Tag -wear handmade guild nametag

Fat Quarter-one entry per fat quarter you bring

Block of The Month-Bring current month's block, one entry per block, winner takes all.

Meeting goes over guild business and upcoming events. Announcements, Snacks and Show and Tell follow.

Ladies Quilters Group

1st & 3rd Wednesday of the Month
@ Bethel Church on Farmers Loop
5pm-7:30pm

Bring a Sewing Machine in Good Working Order.
Beginner Sewing Lessons Available.

Current Project:
Quilt As You Go projects
Triangle Tote Bags
Contacts

Kim Wardwell (907) 799-4495
Macia Bryant (907) 317-2185

Fat Quarter Challenge

Fat Quarter Challenge Fabric Available for \$3 at General Membership Meeting. Buy 1 Fat Quarter, use as much or little as you like to create and item of your choice. Project will be voted on at the Annual Dinner Meeting in October. Most Votes win a prize!



Google Groups

The Guild uses Google Groups for communications. As I receive new membership information, I will send an invitation to you from the CFQG Google Group. You will receive an email from CFQG with a subject line of **Invitation to Join**. All you have to do is click on the blue box that reads **Accept this invitation** and you will have joined the group.

If you have not received the email, the link is:

<https://groups.google.com/g/cfqg/>

Elaine Thompson McGee
322-0448 elaineltm@gmail.com



Announcements

A Year at a Glance

Meeting is held 3rd
Tuesday of the Month

January

Quilt In the Snow Quilt
Retreat

February

Secret Quilter Sister
Program begins

April

Spring Potluck with a
Potholder Exchange
& Parade of Aprons

March/April

Laura's Quilt Slushy Quilt
Retreat

May

Spring Fashion Show

June

July

August

CFQG Quilt Show at
Tanana Valley Fair
CFQG – Small Quilt
Auction at the TVF

September

Sew Flurries – Quilt
Retreat

Membership \$ Due
October

Annual Dinner with Voting
Quilt Raffle Drawing
Challenge Fabric Project

Reveal

November

December

Holiday Ornament
Exchange

Fabric Sale

Thanks to all who shopped at the August thread and book sale, we raised \$110.00 for Quilts of Valor. There will be one last sale before the September meeting starting at 6:15, with \$5 a pound fabric. There are three 48 x 60" pieces of The Warm Country Warm Window Ivory Insulated Shade Lining Fabric, \$10 each.

There is also a craft and cutting table, a few chips on the edge of the top \$50.

Any questions, contact

Elaine Thompson McGee 907-322-044



 **Community Sewing Day!** 

 **Monday, September 14th**

 **10AM –3PM**

Bring your sewing machine, supplies, and your creativity as we come together to sew, visit, and make a difference in our community.

 **Brown Bag Lunch** – please bring your own lunch.

Come sew with us, share some fellowship, and put your talents to work for a wonderful cause! Your time and talent are greatly appreciated.

We hope to see you there!  



Announcements

Welcome, Carly!

Please join us in welcoming Carly to our quilting guild!

Carly is 33 years old and has been quilting since she was 15. Originally from Washington, she moved to Fairbanks in 2015. She is a true creative at heart and enjoys an amazing variety of hobbies, including quilting, knitting, crochet, embroidery, beading, scrapbooking, photography, reading, and baking.

When she's not crafting, Carly enjoys getting outdoors for paddle boarding, hiking, cross-country skiing, biking, snowboarding, and camping.

Historically, Carly has stuck with fairly simple quilt patterns because she loves the instant gratification of completing a project. This is her first time being part of a quilting guild, and she found us by Googling quilting groups in Fairbanks. She's excited to finally be surrounded by people who understand and support her quilting addiction! 😊

Welcome to the guild, Carly! We're so happy you found us and look forward to getting to know you, sharing ideas, and creating together.

Volunteers Needed!!

- **Bazaar Chair and co-chair - This position was not filled last year and is still open. These events are during the winter months Oct, Nov, Dec. typically.**
- **Community Sewing - Marcia Bryant has volunteered to be a chair. Thank you Marsha! She would like a co-chair. Please contact her or Elaine Thompson McGee for chair responsibilities.**

October 2026 Board Positions Opening

- **President**
- **Secretary**
- **First Director**
- **Please see directory for position duties.**

If you are interested in volunteering, let one of the board members know at the meeting, through email, or phone.



Announcements

Raffle Quilt 2026



Our beautiful blue raffle quilt is now hanging at the Morse Thompson Center, and we'd love your help spreading the word!

Please encourage your friends and family to stop by, admire this beautiful quilt, and purchase a raffle ticket for a chance to take it home! 📅 🧵

DRAWING OCTOBER 20th

Forever Winter

Pat Fox will ask for help if needed. Please consider helping to track tickets – ensuring all books accounted for and money picked up

RAFFLE TICKETS

\$5 EACH OR

5 FOR \$20

Budget 2027

Temporary Technical Difficulties!!!

An Email will go out shortly with the 2027 Budget for everyone to review before the vote!



Cabin Fever Quilter's Guild

ANNUAL DINNER INVITATION

OCTOBER 20, 2026

5:30-8:30 PM



Pike's Waterfront Lodge

1850 Hoselton Rd,
Fairbanks, AK

Buffet

Dinner: Salad, Garlic Bread, Pasta, Meat Sauce, Meatballs, Italian Sausage, Alfredo Sauce, Sheet Pan Vegetables

Dessert: Cake

*Wine & Coctails for purchase

REGISTRATION

Registration can be turned in at General Membership Meeting September 15
or During Sew Flurries at the Lions building at the fairgrounds
September 17-22 or mailed to the address below.

Member Name: _____

Phone or email: _____

Mail in payment registration to
CFQG

PO Box 83608
Fairbanks, AK 99708.

Registration Deadline October 13th

Questions, please call
Sonja Zastrow 907-378-2996

Cost: \$35 Cash_____Check_____

Sew Flurries 2026 Registration Form

September 17-22, 2026

10am-6pm Thursday-Tuesday

Lions Club - Tanana Valley Fairgrounds

Name _____ Phone _____

Email _____

I will attend these days. Please check each day of attendance. Independent sewing is included in the daily fee.

Thur _____ Fri _____ Sat _____ Sun _____ Mon _____ Tue _____

Attendance Fee: \$7 per day or \$35 for all days \$ _____

Classes: Check each class that you want to register for. Supply lists will be available at www.cfqqalaska.org and at our August guild meeting.

_____ Thursday: Pockets to Go - Gayle Hazen.....\$ 10 class + purchase pattern @ Northern Threads

_____ Friday: "Kinusaiga" Japanese Fabric Art - S. Shawcroft...\$ 25 class includes foam board, adhesive sheet,
4 pattern choices

_____ Saturday: Lucky Penny Wallet - Sue Gross.....\$10 class

_____ Sunday: Marbler Bird - Sharon Weekley\$18 class includes pattern

_____ Monday: Two Fabric Bargello Quilt - Mary Olson.....\$18 class includes pattern

_____ Tuesday: Under Sewing Machine Mat - Mary Olson.....\$10 class includes pattern

_____ Thurs -Tue: Accuquilt seasonal dies - Mary Olson.....\$10 to use dies

TOTAL Class Fees \$ _____

TOTAL FEES: Attendance fees + class fees \$ _____

Please make check payable to CFQG

Sunday 9-20 POTLUCK. Bring your own lunch all other days

Please specify what you will bring for the potluck

I will bring soup / salad / sandwich fixings (circle one). What kind

AND

_____ I volunteer to help set up prior to Sew Flurries. 9am on Thur Sept 17

_____ I volunteer to help clean up after Sew Flurries. 5pm on Tue Sept 22

Mail registration form and payment by September 10th to Mary Olson, HC 33 Box 31480, Nenana, AK 99760.

After September 10, call/text Mary Olson (907-590-8311) to register.

SEPT 17-22 SEW FLURRIES 2026



Pockets to Go
Thurs 9-17

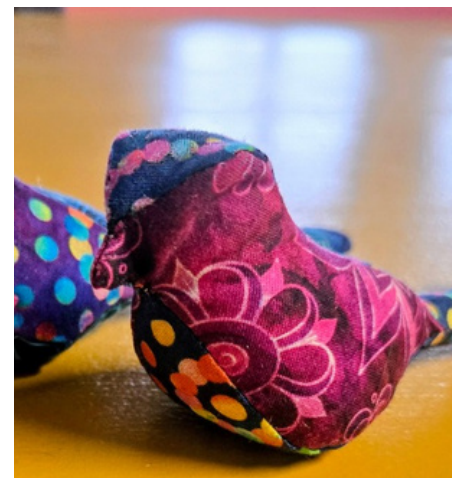


Kinusaiga
Japanese
Fabric Art
Fri 9- 18



Lucky Penny Wallet
Sat 9-19

Marbler Bird
Sun 9-20



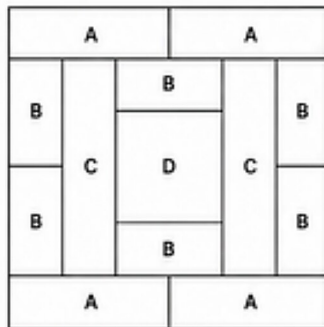
Two Fabric
Bargello Quilt
Mon 9-21

Sewing Machine Mat
Tue 9-22



Block of the Month

September Block of the Month Autumn Frames



This large block comes together quickly with only squares and rectangles.

Fabric and Cutting for One Block

Select fall- or autumn-colored prints. Choose a focal print, such as leaves, flowers, or birds, for the center square. Use a green print for the inner frame. For the outer border, use a gold, orange, rust or brown print paired with a cream or beige print for the lighter border.

A – Cut four 6 ½" x 2 ½" rectangles: 2 gold/brown/rust and 2 beige.

B – Cut six 2 ½" x 4 ½" rectangles: 2 gold/brown/rust, 2 beige, and 2 green.

C – Cut two 2 ½" x 8 ½" rectangles from green fabric.

D – Cut one 4 ½" square from the focal fabric.

Sewing

Attach the inner borders to the focal square. Sew the border fabrics together, then attach them to the framed square as shown.



Finished size: 12 inches; unfinished size: 12 ½ inches.

Mystery Quilt

Mystery Quilt Finishing Instructions Materials for Setting, Border, and Binding

From assorted Light prints

- 2 5/8 yards
- 2 1/3 yard pieces
- 1/2 yard for middle border

From assorted medium prints, cut:

- 4 or 5 3/8 yard pieces
- 1 1/4 yards medium or dark print for outer border
- 5/8 yard medium or dark print for binding
- 3 5/8 yards backing fabric
- 64x82 batting

Yardages and cutting instructions are based on 42" of usable fabric width. Measurements include 1/4" seam allowances. Sew with right sides together unless otherwise stated.

Cut Fabrics

Cut pieces in the following order.

From light print 1/2 yard :

piece, cut:

- 6-2x42" strips for middle border

From remaining assorted light prints, cut:

- 2-19 1/4" squares, cutting each diagonally twice in an X for 8 large setting triangles total (you will use 6)
- 2 9 7/8 squares, cutting each in half diagonally for 4 corner triangles total .
- 4-7 1/4" squares, cutting each in half diagonally for

8 small setting triangles total

- 32-4 1/4" squares

From assorted medium prints, cut:

- 12-7 1/4" squares, cutting each in half diagonally for 24 small setting triangles total
- 32-4 1/4" squares

From medium or dark print 1 1/4 yard piece, cut:

- 7 5 1/2 x 42" strips for outer border

From medium or dark print 5/8 yard piece, cut:

- 7 2 1/2 x 42" binding strips

Assemble Quilt Center

1. Referring to Diagram 1, sew assorted light print small setting triangles to opposite edges of a block. Add assorted light print small setting triangles to remaining edges to make a light block unit. Press all seams toward setting triangles. The light block unit should be 13 1/4" square including seam allowances. Repeat to make two light block units total.
2. Using assorted medium print small setting triangles instead of light print, repeat Step 1 to make six medium block units (Diagram 2).
3. Referring to Quilt Assembly Diagram, lay out

light print large setting triangles, light block units, and medium block units in four diagonal rows.

4. Sew together pieces in each row. Press seams toward large setting triangles and light block units. Join rows; press seams in one direction. Add light print corner triangles to make quilt center. Press seams toward corner triangles. The quilt center should be 36 1/2 x 54 1/2" including seam allowances.

Assemble Hourglass Units for Inner Border

1. Use a pencil to draw a diagonal line on wrong side of assorted light print 4 1/4" squares.
2. Place a marked light print 4 1/4" square atop a medium print 4 1/4" square. Sew 1/4" from each side of drawn line (Diagram 3). Cut pair apart on drawn line to make two triangle units. Press each triangle unit open, pressing seams toward medium print, to make two triangle-squares. Each should be 3 7/8" square including seam allowances. Repeat to make 64 triangle-squares total.
3. Mark a diagonal line perpendicular to seam line on wrong side of 32 triangle-squares.

Mystery Quilt

Mystery Quilt Finishing Instructions Materials for Setting, Border, and Binding

4. Layer a marked triangle-square atop an unmarked triangle-square with the light triangles opposite the medium triangles (Diagram 4). Sew $\frac{1}{4}$ " from each side of drawn line. Cut pair apart on drawn line. Press each unit open to make two hourglass units. Each unit should be $3\frac{1}{2}$ " square including seam allowances. Repeat to make 64 hourglass units total.

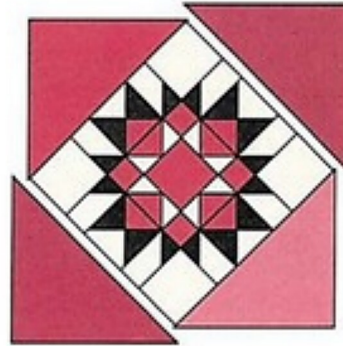


DIAGRAM 2



DIAGRAM 3



DIAGRAM 4

Assemble and Add Inner Border

1. Referring to Quilt Assembly Diagram, lay out 18 hourglass units in a row, rotating every other unit. Sew together hourglass units to make a long inner border strip. Press seams in one direction. The long inner border strip should be $3\frac{1}{2}$ " x $54\frac{1}{2}$ " including seam allowances. Repeat to make a second long inner border strip.

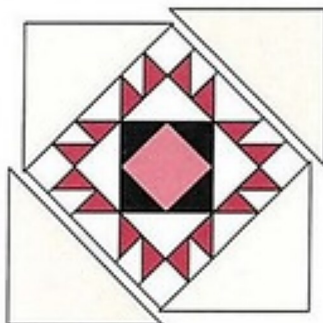


DIAGRAM 1



QUILT ASSEMBLY DIAGRAM

Cabin Fever Quilt Guild
PO Box 83608
Fairbanks, AK 99708

CABIN FEVER QUILTERS' GUILD MEETING SEPTEMBER 15th, 2026

*General Membership Meeting at
Faith Baptist Church*

7:00pm



- *Wear Your Homemade Name Tag!*
- *Door Prizes*
- *Bring a Fat Quarter*
- *Bring Block of the Month*