



Cabin Fever Quilters' Guild

CELEBRATING OVER 40 YEARS

Northern Comfort

June Summer Vibes



9: Board Meeting,
5:30pm @ Noel Wien
Library
16: General Membership
@ Faith Baptist Church
7pm
20: Begin Newsletter
Submissions
27: NEWSLETTER
DEADLINE

***Please Send All Future Newsletter Announcements to cfqgnewsletter@gmail.com



1 Tricha Immonen
2 Joan Kluwe
12 Dayna Cook

June Birthdays

20 Julie Scott
28 Brenda Doggett

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NORTHERN COMFORT is published monthly on the CFQG Website. Members are notified by email of the web posting. Paper copies are available via first class mail for an annual fee of \$25. Please inform Membership Chairman of any address changes. **ADVERTISING:** Personal ads related to quilting are free to Guild members on a space available basis. Quilt related commercial ads: full page \$30, half page \$15, quarter page \$8. Payments should be sent with ad copy. The CFQG cannot accept responsibility for the content of ads.

CABIN FEVER QUILTERS' GUILD is a non-profit organization dedicated to promoting the appreciation and knowledge of quilt and quilt making. **MEMBERSHIP:** Non-members may attend twice as guests. Guild membership is open to anyone interested in quilts.

Annual Dues:
\$30 payable in October
\$25 for Sr. Rate 60+ years
\$25 extra for a mailed

Newsletter subscription, others can view on CFQG website.

NEWSLETTER SUBMITTALS:
Items/corrections are due by the 27th unless otherwise announced:

Email subject line **MUST** contain:
CFQG Newsletter

Acceptable file formats: WORD (.docx), Adobe PDF, JPG, TIFF, BMP, GIF (Please include the 3 letter file extension)

When submitting an article, please send in a Word or Google document.

Board Members

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Cold Weather Policy

If the temperature at noon,
on the day of meeting is BELOW
-30 degrees

General Membership Meeting
will be canceled

Call Time and Temp 907-452-3553

Board Meeting

CFQG BOARD MEETING MINUTES

May 12, 2026

The meeting was called to order at 5:31 p.m. by President Diana Wariner

Members present: Diana Wariner, Sonja Zastrow, Sharon Weekley, Tricha Immonen, Mary Olson and Carol Moore

Diana reported: End of Apr. account balances: Regular acct \$ 24,721.86 Raffle acct \$ 2,909.50

COMMITTEES

Community Service – One co-chair Marcia Bryant who needs another co-chair to help. Discussed possibility of asking for community services blocks in the newsletter. Raffle Quilt 2026 Binding is complete, quilt may be at next meeting. It will be at the Morris Thomson Center on the 1st, moved to Quilt Alaska, and on to the Fair.

July/August

Fair 2026 – Veronica B & Tricia I.

Small quilt Auction 2026 @ Fair –Elizaeth S (Jennifer P)

Quilt Alaska 2026 – Jeanne S. will be at meeting, Guild is going to manage entries

Sept/Oct

Snow Flurries 2026 – Mary O. (9/2026 A Elks) still in negotiation

Old Business:

Brochures – Picking up 5/13/26 will be in storage unit when needed for Fiber Arts, Quilt Alaska, and Fair

New Business:

Advertising on Facebook, website and in Newsletter Items can be announced at meetings or posted on

Facebook or to google groups

Meeting adjourned at 6:35 p.m.

Next: Board Meeting June 9, 2026 @ Noel Wein Library 5:30 pm

General Meeting June 16, 2026 @ First Baptist Church 910 Chena Pump Rd 7:00 p

Next Board Meeting At The Noel Wien Library

June 9th, 5:30pm



CFQG General Meeting Minutes

May 19, 2026

The meeting was called to order at 7:00 by President Diana Wariner

Welcome to Guest Bridget and nice to have Carol McConahy back

April minutes: Mary Hendrikson moved to approve, Karyn Janssen seconded. Minutes approved.

Treasurer report:– Regular Acct balance \$ 24,721.86 Raffle acct \$ 2,909.58

COMMITTEE REPORTS

Hospitality: Dorothy Stella - binder is being circulated for June meeting

Sunshine Sue – no report Need a volunteer to be co-chair with Brenda Doggett

Community Sewing: Marcia Bryant will tentatively chair but wants a co-chair or two, contact a board member if interested

Raffle Quilt 2026: “Forever Winter” Quilt is done and was displayed. Thanks to all who helped! Pat Fox has tickets but are on hold until permit number can be added. Remember that books stay together. Please make sure all stubs for tickets sold have name and phone number. Margaret Wiedeman and her husband will move the quilt from place to place.

Sew Flurries: Mary Olson Sept 12 -18 tentative dates. Location is pending. Looking for additional instructors.

Tanana Valley Fair: 7/31 – 8/9 Veronica Belton and Tricha Immonen are revising judging sheet.

Small Quilt Auction: Jennifer Pearson taking donations for Elizabeth Shapland

Workshop: Corlis Taylor – Carol McConahy Aug 21-23 Carol will also do a lecture, locations pending. Carol showed samples of gentle curves class and explained her teaching approach. Supply list and precut instructions available next month and in newsletter. Maria Shell will be last weekend of May 2027 (She is in Alaska issue of Quilt Folk)

Quilt Alaska: Jeanne Sneddon – CFQG website is updated and open for submissions. Measurements can be approximate. Will need volunteers for intake on June 28 (11-2) and hanging the following week. Will need refreshments for First Friday 7/3. Gayle Hazen will do Artist Talk on July 16. Our RaSle Quilt will be used for publicity. Quilts of Valor and Community Service Quilts will need to go through entry process. Reminder that you need Velcro across entire top and if a large quilt, need Velcro squares on lower corners.

Block of the Month: Jeanne Sneddon – 40 blocks won by Martha Hocking. June block is Twisted Tulips in blue & green prints

OLD BUSINESS

Board Positions open for next year President, Secretary & First director (donations), vote in October

NEW BUSINESS

DRAWINGS

Name Tag: Elaine Thompson-McGee

Fat Quarters: Colleen Pedretty

Door Prizes: Mary Olson, Wendy Brandon, Karen Milner

BREAK:

Show and Tell

Adjourned 8:30pm

Next Board meeting –6/9/2026 @ 5:30 pm Noel Wien Library

Next General Meeting 6/16/2026 @ 7 pm Faith Baptist Church 910 Chena Pump

A Year at a Glance

Meeting is held 3rd Tuesday of the Month

January

Quilt In the Snow Quilt

Retreat

February

Secret Quilter Sister

Program begins

April

Spring Potluck with a

Potholder Exchange

& Parade of Aprons

March/April

Laura's Quilt Slushy Quilt

Retreat

May

Spring Fashion Show

June

July

August

CFQG Quilt Show at

Tanana Valley Fair

CFQG – Small Quilt

Auction at the TVF

September

Sew Flurries – Quilt

Retreat

Membership \$ Due

October

Annual Dinner with Voting

Quilt Raffle Drawing

Challenge Fabric Project

Reveal

November

December

Holiday Ornament

Exchange

Quilt Alaska

The biennial show, organized by Cabin Fever Quilters Guild and Fairbanks Arts Association, is open to CFQG members and residents of Interior Alaska, Doyon Region. Held at Bear Gallery in Pioneer Park, it features quilts of any size and wearable art garments. Each person may submit either one entry, or both a garment and a quilt. If you are unsure whether your item will qualify for the show, please ask. For this exhibit, a "QUILT" consists of three layers—a designed top, center batting, and back—held together by stitched patterns or designs. This description pertains to both quilts and wearable art. We support all quilting styles: traditional, contemporary, and modern.

Important Requirements for All Entries:

- All quilts must have Velcro (hook side) securely attached to the top for hanging. Very large quilts must also have Velcro on the bottom corners. All quilts and garments must stay on display for the full show; early pickup is not permitted.

You can sell your work; however, FAA will retain a 35% commission.

Quilt Alaska 2026 - Important Dates

Friday, May 1 – Friday, June 5 Submission Period

Submit your entry online at the Cabin Fever Quilters' Guild website, <https://www.cfqgalaska.org/>

You will be asked to provide a description of your work. This will appear next to your artwork as your artist's statement. Please provide notable details about yourself or your quilt. Submission of a photograph is no longer necessary.

Sunday, June 28 Intake at Bear Gallery

Drop off your quilt at Bear Gallery from 11:00 – 2:00

Friday, July 3, 5:00 pm – 7:00 pm First Friday at Bear Gallery

Please bring finger foods for the reception. Sign up to help with food or greet visitors at <https://www.cfqgalaska.org/>

Thursday, July 16, 6:00 pm Artist Talk with Gayle Hazen

The quilt show will run from Friday, July 3 through Saturday, August 1

Sunday, August 2 Take down at Bear Gallery – You will pick up your quilt at the gallery between 11:00 and 2:00.

Please call or text Jeanne Sneddon at 907-347-3104 with any questions, or email sneddonjeanne@gmail.com.

Announcements



HOSPITALITY

- Ice: Amelia Houtchens
- Beverage: Dorothy Stella
- Veggies & Dip: Tricha Immonen, Dundee Pense, Marty Wilson
- Appetizes: Jeanne Sneddon, Jennifer Pearson, Sharon Weekley
- Sweets: Veronica Belton, Mary Olson

New Members

New to the Guild?
participate in drawings!

Meeting starts at 7pm, arrive a few minutes early to
Enter your name in for the following drawings:

Door Prize

Name Tag -wear handmade guild nametag
Fat Quarter-one entry per fat quarter you bring
Block of The Month-Bring current month's block,
one entry per block, winner takes all.

Meeting goes over guild business and upcoming events.
Announcements, Snacks and Show and Tell follow.

Sunshine Sue News

NO UPDATE
IF YOU KNOW OF SOMEONE
IN OUR GROUP WHO COULD USE
A THOUGHTFUL CARD PLEASE SEND
AN EMAIL TO
BRENDA DOGGETT or CAROL MOORE



Please send any notices to bj.oils@hotmail.com or
caroljmoore907@gmail.com

WELCOME

Anna Finkle

Find us...

Webpage:

<http://www.cfqgalaska.org>

Look for the forms, events, policies, etc.



Facebook:

<https://www.facebook.com/CabinFeverQuiltersAlaska>

Announcements

Workshop with Carol McConahy

August 21-23rd

Carol McConahy will be here giving a 3 Day Workshop Aug 21-23
Carol will do a lecture and workshop. Here are samples of her
gentle curves class and she will explain her teaching approach
make the quilt any size and how to make it your own!
Cost and Location and Supply List coming soon!



Announcements

VOLUNTEER OPPORTUNITIES



QUILTS OF VALOR

The Quilts of Valor sewing group meets once a week on Thursdays, from 10 - 2:30, the location can vary. Quilts are awarded to recipients monthly. If you are at a guild meeting, talk to Kelley MacDonald or Elaine Thompson McGee. The QOV contact is Bobby Kirchner at 907-590-0932 or by email cbkrchnr@gmail.com

Ladies Quilters Group

1st & 3rd Wednesday of the Month
@ Bethel Church on Farmers Loop
5pm-7:30pm

Bring a Sewing Machine in Good Working Order.
Beginner Sewing Lessons Available.

Current Project:

Quilt As You Go projects

Triangle Tote Bags

Contacts

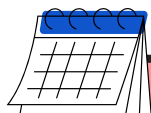
Kim Wardwell (907) 799-4495

Macia Bryant (907) 317-2185

COMMUNITY SEWING

***Marcia Bryant needs a
Co-Chair!***

Please contact
Macia Bryant (907) 317-2185 OR any
board member for chair duties



UPCOMING EVENTS

- ***Demonstration How to get your quilt ready to enter in the fair @ location TBD***
- ***Quilt Workshop with Carol McConahy Aug 21st-23rd***



Google Groups

The Guild uses Google Groups for communications. As I receive new membership information, I will send an invitation to you from the CFQG Google Group. You will receive an email from CFQG with a subject line of **Invitation to Join**.

All you have to do is click on the blue box that reads **Accept this invitation** and you will have joined the group.

If you have not received the email, the link is:

<https://groups.google.com/g/cfqg/>

Elaine Thompson McGee

322-0448 elaineltm@gmail.com

Announcements

Volunteers Needed!!

- **2026 Tanana Valley Fair - Trisha Immonen and Veronica Belton have agreed to be co-chairs for tthis year's fair. Thank you, Thank you, Thank you!**
- **Bazaar Chair and co-chair - This position was not filled last year and is still open. These events are during the winter months Oct, Nov, Dec. typically. We will have a Bazaar Table during the Tanana Valley Fair.**
- **Community Sewing - Marsha Bryant has volunteered to be a chair. Thank you Marsha! She would like a co-chair. Please contact her or Elaine Thompson McGee for chair responsibilities.**

October 2026 Board Positions Opening

- **President**
- **Secretary**
- **First Director**
- **Please see directory for position duties.**

If you are interested in volunteering, let one of the board members know at the meeting, through email, or phone.

Small Quilt Auction at the Fair

Deadline isn't until the July meeting, but it is not too early to turn in your contribution—and get back to finishing your larger entry for the fair. Just remember: avoid a size/shape which looks like a potholder, and entries must not be larger than 100" all around. Don't forget to label your donations and turn in with the form found on page 10. Questions? Call or text Elizabeth at 907-378-2637.

Announcements

Raffle Quilt 2026



Raffle Quilt "Forever Winter"

Need volunteer for ticket tracking – ensuring all books accounted for and money picked up and volunteer for quilt moving (Bear Galley, Morris Thompson, Quilt Alaska and Fair).

RAFFLE TICKETS
\$5 EACH OR
5 FOR \$20

Fabric Sale

Thanks to all who shopped at the May fabric sale, we raised \$789.00 for Quilts of Valor. The sale will continue before the June meeting starting at 6:15, with \$5 a pound fabric, and great deals on thread, quilting notions and Tchotchkes. Any questions, contact Elaine Thompson McGee 907-322-0448

Tanana Valley Fair

July 31st - August 9th



Veggie: Mushroom

All is Fair
in **LOVE**
and
SPORE

COLORS

× **Crimson** ×

× **Taupe** ×

× **Jasmine** ×

FLOWER



Zinnia



Small Quilt Auction

2026 Cabin Fever Quilters' Guild Small Quilt Auction

Please label your quilt with a permanent marker or embroidered label, giving the name of maker(s), place made (such as Fairbanks or Alaska) and the year.

Please pin the "quilt data" form below to your quilt before you turn it in.

If you have any questions, please call Elizabeth Shapland. Home: 474-4725 Cell: 378-2637

Small Quilt Auction Guidelines:

Size Range: No smaller than 32" total of all sides; No larger than 100" total of all sides

Consider shapes other than squares or rectangles, i.e. oval, triangle, etc.

Fabric:

Preprinted fabric giving the false impression of pieced work is not what we are looking for. Use your creativity when using your printed fabric especially if you are fussy cutting or using parts of the fabric in appliqué.

Quilting:

Whole cloth quilting, hand quilting, machine quilting as well as tying are all acceptable.

Quality of Work:

Care must be taken to present QUALITY workmanship. The committee head will assure that all entries are well done and labeled by the quiltmaker.

Small Quilt Data

Quiltmaker's Name:

Quilted By (if different from quiltmaker):

Title of Quilt:

Predominate Colors:

Width: _____ **Length:** _____

Construction / Finishing Techniques:

- | | | |
|----------------------|-------------------------|---------------------------|
| _____ Hand Pieced | _____ Hand Embroidered | _____ Hand Appliqued |
| _____ Enhanced Pane | _____ Whole Cloth Quilt | |
| _____ Machine Pieced | _____ Machine Appliqued | _____ Machine Embroidered |
| _____ Hand Quilted | _____ Machine Quilted | _____ Tied |
| _____ Embellishments | | |
| _____ Other | | |

Other Significant

Information: _____

Mystery Quilt Block 6

Mystery Quilt, Block 6

Materials

- ½ yard medium print
- 8" square dark print
- ¼ yard light print

Finished block: 9" square

Quantities are for 44/45"-wide, 100% cotton fabrics.

Measurements include ¼" seam allowances. Sew with right sides together unless otherwise stated.

Cut Fabrics

Cut pieces in the following order.

From medium print, cut:

- 2—3½" squares, cutting each in half diagonally for 4 triangles total
- 12—1½x2¾" rectangles

From dark print, cut:

- 2—3½" squares, cutting each in half diagonally for 4 triangles total
- 1—2¾" square

From light print, cut:

- 4—1½x3¾" rectangles
- 4—1½x2¾" rectangles
- 24—1½" squares

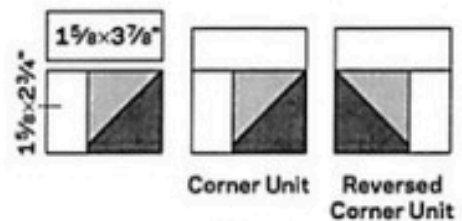
Assemble Block

1. Sew together a medium print triangle and a dark print triangle to make a triangle-square (Diagram 1). Press seam toward dark print. The triangle-square should be 2¾" square including seam allowances. Repeat to make four triangle-squares total.
2. Referring to Diagram 2, sew a light print 1½x2¾" strip to a medium print edge of a triangle-square. Add a light print 1½x3¾" strip to remaining medium print edge of triangle-square to make a corner unit. Press all seams toward strips. The corner unit should be 3¾" square including seam allowances. Repeat to make a second corner unit. Using same pieces but in a different arrangement, repeat to make two reversed corner units.

3. Use a pencil or white dressmaker's chalk to draw a diagonal line on wrong side of each light print 1½" square.
4. Align a marked light print square with one end of a medium print 1½x2¾" rectangle (Diagram 3; note direction of drawn line). Sew on marked line. Trim excess, leaving ¼" seam allowance. Press attached triangle open. Align a second marked light print square with remaining end of medium print rectangle. Stitch, trim, and press as before to make a Flying Geese unit. The unit should be 2¾x1½" including seam allowances. Repeat to make 12 Flying Geese units total.
5. Join three Flying Geese units in a row to make a Flying Geese trio (Diagram 4). Press seams toward bottom Flying Geese unit. Repeat to make four Flying Geese trios total.
6. Referring to Diagram 5, lay out corner units, reversed corner units, Flying Geese trios, and grayprint 2¾" square in three rows. Sew together pieces in each row. Press seams away from Flying Geese trios. Join rows to make a block. Press seams in one direction. The block should be 9½" square including seam allowances.



DIAGRAM 1



Corner Unit

Reversed Corner Unit

DIAGRAM 2



DIAGRAM 3



DIAGRAM 4

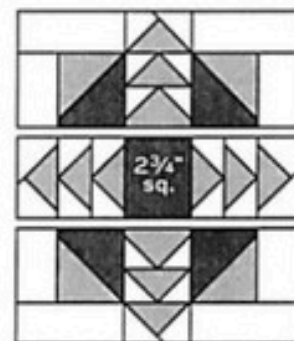


DIAGRAM 5

Mystery Quilt Block 7

Mystery Quilt, Block 7

Materials

- 9x22" piece (fat eighth) each of dark print, light print, and medium print

Finished block: 9" square

Quantities are for 100% cotton fabrics.

Measurements include $\frac{1}{4}$ " seam allowances. Sew with right sides together unless otherwise stated.

Cut Fabrics

Cut pieces in the following order.

From dark print, cut:

- 2— $3\frac{1}{2}$ " squares, cutting each diagonally twice in an X for 8 triangles total
- 8— $1\frac{1}{8}$ " squares

From light print, cut:

- 1— $3\frac{1}{2}$ " square, cutting it diagonally twice in an X for 4 triangles total
- 4— $2\frac{3}{4}$ " squares
- 8— $1\frac{1}{8}$ x $2\frac{3}{4}$ " rectangles
- 8— $1\frac{1}{8}$ " squares

From medium print, cut:

- 1— $3\frac{1}{2}$ " square, cutting it diagonally twice in an X for 4 triangles total
- 1— $2\frac{3}{4}$ " square
- 4— $1\frac{1}{8}$ x $2\frac{3}{4}$ " rectangles
- 4— $1\frac{1}{8}$ " squares

Assemble Corner Units

1. Use a pencil or a white dressmaker's pencil to mark a diagonal line on wrong side of each dark print $1\frac{1}{8}$ " square.
2. Align a marked dark print $1\frac{1}{8}$ " square with one end of a light print $1\frac{1}{8}$ x $2\frac{3}{4}$ " rectangle (Diagram 1; note direction of marked line). Sew on marked line. Trim excess fabric, leaving $\frac{1}{4}$ " seam allowance. Press open attached triangle, pressing seam toward dark print, to make a rectangle unit. The unit should still be $1\frac{1}{8}$ x $2\frac{3}{4}$ " including seam allowances. Repeat to make four rectangle units total.

3. Repeat Step 2 with marked line of dark print square running in opposite direction to make a reversed rectangle unit (Diagram 2). Repeat to make four reversed rectangle units total.

4. Referring to Diagram 3, sew together a light print $2\frac{3}{4}$ " square, rectangle unit, reversed rectangle unit, and medium print $1\frac{1}{8}$ " square in pairs. Press seams toward rectangle units. Join pairs to make a corner unit. Press seam toward top pair. The unit should be $3\frac{7}{8}$ " square including seam allowances. Repeat to make four corner units total.

Assemble Hourglass and Flying Geese Units

1. Referring to Diagram 4, join one light print triangle, two dark print triangles, and one medium print triangle in pairs. Press seams toward dark print. Join pairs to make an hourglass unit; press seam in one direction. The hourglass unit should be $2\frac{3}{4}$ " square including seam allowances. Repeat to make four hourglass units total.
2. Use a pencil to mark a diagonal line on wrong sides of light print $1\frac{1}{8}$ " squares.
3. Align a marked light print square with one end of a medium print $1\frac{1}{8}$ x $2\frac{3}{4}$ " rectangle (Diagram 5; note direction of marked line). Sew on marked line. Trim excess fabric, leaving $\frac{1}{4}$ " seam allowance. Press open attached triangle, pressing toward light print. In same manner, add a second marked light print square to other end of rectangle to make a Flying Geese unit. Press as before. The unit should be $2\frac{3}{4}$ x $1\frac{1}{8}$ " including seam allowances. Repeat to make four Flying Geese units total.



Assemble Block

1. Referring to Diagram 6, sew a Flying Geese unit to medium print edge of an hourglass unit to make a star point unit. Press seam toward hourglass unit. Repeat to make four star point units total.
2. Referring to Block Assembly Diagram, lay out corner units, star point units, and medium print $2\frac{3}{4}$ " square in three horizontal rows. Sew together pieces in each row. Press seams away from star point units. Join rows to make a block. Press seams in one direction. The block should be $9\frac{1}{2}$ " square including seam allowances.

Mystery Quilt Block 7

Mystery Quilt, Block 7

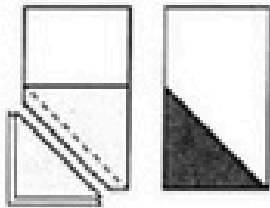


DIAGRAM 1



DIAGRAM 2

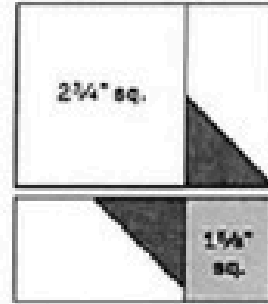


DIAGRAM 3

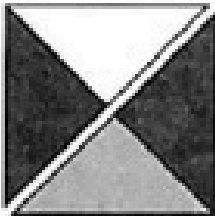


DIAGRAM 4

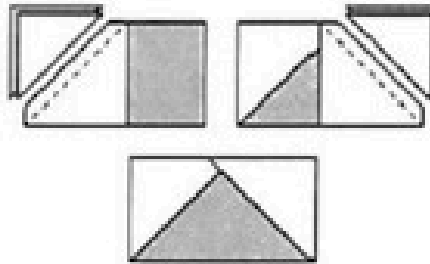


DIAGRAM 5

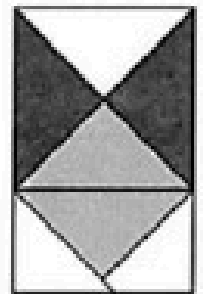
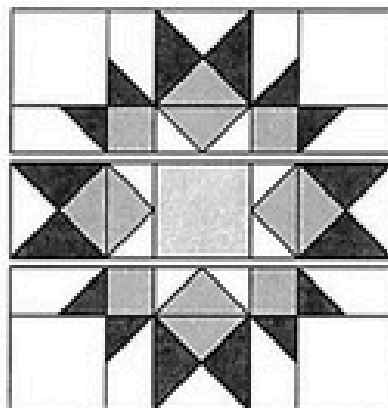


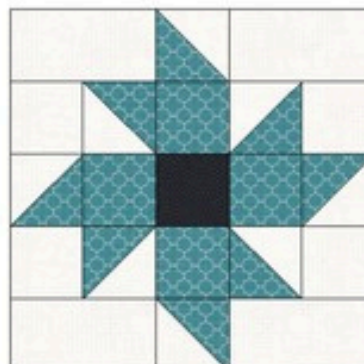
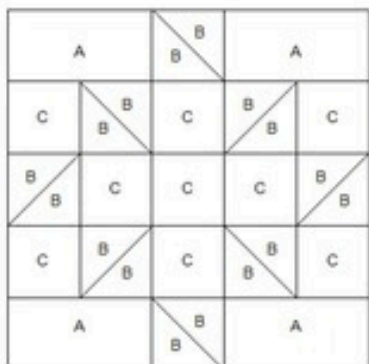
DIAGRAM 6



BLOCK ASSEMBLY DIAGRAM

June Block of the Month

June Block of the Month Twisted Tulips



Start your garden with this pretty block!

Fabric and Cutting for One Block

Use blues and greens for the flower, with a black print for the center square. Use white on white-or-white for the background.

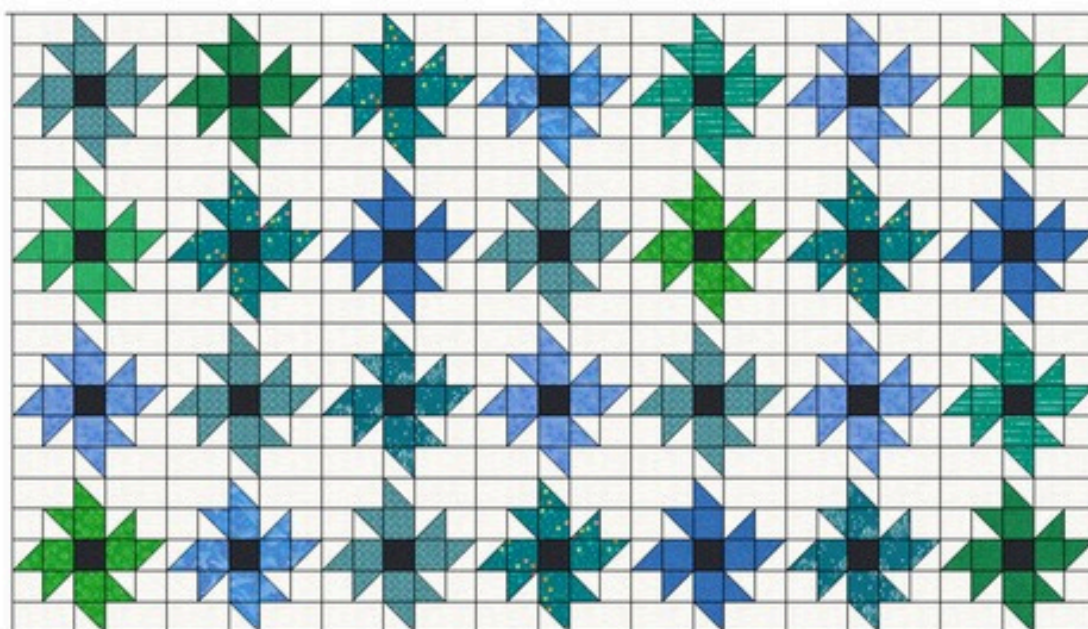
A - 2½" x 4½". (4 background.)

B - 2½" square, cut diagonally into half square triangles. (8 background and 8 blue or green.)

C - 2½" square. (1 black, 4 background, and 4 blue or green.)

Sewing

Sew the half square triangles together to make 8 units, pressing to the darker fabric. Piece the block together in rows or in sections, as pictured.



Finished size is 10 inches, 10½ inches unfinished.

Cabin Fever Quilt Guild
PO Box 83608
Fairbanks, AK 99708

CABIN FEVER QUILTERS' GUILD MEETING

June 16, 2026

*General Membership Meeting at
Faith Baptist Church*

7:00pm



- *Wear Your Homemade Name Tag!*
- *Door Prizes*
- *Bring a Fat Quarter*
- *Bring Block of the Month*