



Cabin Fever Quilters' Guild

**CELEBRATING OVER 40
YEARS**

Northern Comfort

*August
Newsletter*



***Please Send All Future Newsletter Announcements to cfqgnewsletter@gmail.com

**No Board Meeting for
August**

**11: General Membership
@ Faith Baptist Church
7pm**

**20: Begin Newsletter
Submissions**

**27: NEWSLETTER
DEADLINE**

August Birthdays

3 Tina Rothwell
4 Kristi Davis
4 Kit Kennedy
4 Dudlee Pense
5 Wendy Brandon



10 Gretchen Murphy
15 Dida Uotila
21 Mary Olson
27 Janice Cleworth

INSIDE THIS ISSUE:

General Information 1

Board Meeting Minutes 2

General Membership Minutes 3

Announcements 4-8

Workshop 9-10

Sew Flurries 11-12

Block of the Month 13

NORTHERN COMFORT is published monthly on the CFQG Website. Members are notified by email of the web posting. Paper copies are available via first class mail for an annual fee of \$25. Please inform Membership Chairman of any address changes. **ADVERTISING:** Personal ads related to quilting are free to Guild members on a space available basis. Quilt related commercial ads: full page \$30, half page \$15, quarter page \$8. Payments should be sent with ad copy. The CFQG cannot accept responsibility for the content of ads.

CABIN FEVER QUILTERS' GUILD is a non-profit organization dedicated to promoting the appreciation and knowledge of quilt and quilt making. **MEMBERSHIP:** Non-members may attend twice as guests. Guild membership is open to anyone interested in quilts.

Annual Dues:
\$30 payable in October
\$25 for Sr. Rate 60+ years
\$25 extra for a mailed

Newsletter subscription, others can view on CFQG website.

NEWSLETTER SUBMITTALS:
Items/corrections are due by the 27th unless otherwise announced:

Email subject line MUST contain:

CFQG Newsletter

Acceptable file formats: WORD (.docx), Adobe PDF, JPG, TIFF, BMP, GIF (Please include the 3 letter file extension)

When submitting an article, please send in a Word or Google document.

Board Members

President

Diana Wariner
(206) 795-2504
diwariner@gmail.com



Vice President

Sonja Zastrow
(907) 378-2996
mrs.sonjaz@gmail.com



Secretary

Carol Moore
(907) 687-8984
caroljmoore@gmail.com



Treasurer

Bobbie Tarkiainen
(907) 479-3209
thebagladiesoffairbanks@gmail.com



1st Director

Trisha Immonen
(907) 347-0562
trichainak@gmail.com



2nd Director

Sharon Weekley
(907) 322-9865
alaskantwilight@hotmail.com



3rd Director

Dorothy Stella
(907) 347-7904
enlok610@gmail.com



Cold Weather Policy

If the temperature at noon,
on the day of meeting is BELOW
-30 degrees
General Membership Meeting
will be canceled
Call Time and Temp 907-452-3553

Board Meeting

CFQG BOARD MEETING MINUTES

July 14, 2026

The meeting was called to order at 5:35 p.m. by President Diana Wariner

Members present: Diana Wariner, Sonja Zastrow, Bobbie Tarkiainen, Sharon Weekley, Dorothy Stella and Carol Moore

June Minutes: Sharon W. moved, Dorothy S. seconded to approve. Motion carried.

Treasurer's Report- Bobbie: end of June General account balance \$ 23,630.28 Raffle acct \$ 3,454.58

Request for payment form has been updated, need to get posted on website. Need prelim budget to discuss at Aug Board meeting, put in September newsletter and vote at Sept meeting.

COMMITTEES

Community Sewing– Co-chair Marcia Bryant who needs another co-chair to help.

July/August

Fair 2026 – Veronica B. & Tricha I.

Small quilt Auction 2026 @ Fair –Elizaeth S. (Jennifer P. 2026/2027)

Sept/Oct

Snow Flurries 2026 – Mary O. (9/2026) will be at Lion's Building at Fairgrounds

Nov/Dec

Ornament Exchange

Old Business:

50-year guild anniversary coming up

Checks for any event should be sent to PO Box not to individual home address

Location for community Lecture by Carol McConahy?

Need Financial report for QIS

New Business:

Discussed possibilities for Annual dinner

Discussed Board openings, possibility of recording meetings

Meeting adjourned at 6:16 p.m.

Next: Board Meeting August 11, 2026 @ Noel Wein Library 5:30 pm

General Meeting August 18, 2026 @ First Baptist Church 910 Chena Pump Rd 7:00 pm

****NOTE there will NOT be a board meeting
in August as General Membership Meeting has
been move to August 11th due to voting at the church**

Next Board Meeting At The Noel Wien Library

September 8th, 5:30pm



CFQG General Meeting Minutes

CFQG General Meeting Minutes

July 21, 2026

The meeting was called to order at 7:05 by President Diana Wariner

Welcome to Guests Marilyn, Paula, Linda, Carly & Emiko

June minutes: Trish Immonen moved to approve, Kathy Richardson seconded. Minutes approved.

Treasurer report:– Regular Acct balance \$ 24,128.26 Raffle acct \$ 3,138.74 Board had decided to do budget early, reviewing in Aug & voting in Sept. Parliamentary Pat Fox reminded us that it needs to be in newsletter a month before vote. Timeline to be determined.

COMMITTEE REPORTS

Hospitality: Binder is being circulated for Aug meeting

Sunshine Sue: Sue Gross volunteered for next year.

Community Sewing: Marcia Bryant has plan for quilt in Sept. Will get with Carolyn Weaver to get a survey on website for preferred meeting schedule.

Raffle Quilt 2026 - “Forever Winter” Quilt will be moved to the fair then back to Morris Thompson Center. Pat Fox has tickets. Remember that books stay together. Please make sure all stubs for tickets sold have name and phone number.

Laura’s Quilt Slushy: Still need chair for 2027

Sew Flurries Mary Olson - Lion’s Club (fairgrounds) 9/17 to 9/22. 10 am to 6 pm daily. Potluck Sunday 9/20 6 classes available, samples shown

Tanana Valley Fair – 7/31 – 8/9 Veronica Belton and Trisha Immonen update; parking will be \$3 Thurs– Sat (free Sun -Wed and for volunteers) or bus from Randy Smith. Volunteers must serve at least 3 hours to get a fair pass and will receive a parking pass. Entry Guides on back bench.

Small Quilt Auction: Elizabeth Shapland - last night to contribute.

Workshop: Corlis Taylor – Carol McConahy Aug 22-23 at 8 Star Event Center. Sign up on website. Patterns at Northern Threads. Lecture Fri Aug. 21, at 6pm Alaskaland Civic Center Blue Room (next to Bear gallery) NOTE: As an Fairbanks Arts Assoc. member we can use this room for \$10. After the fair we will vote on which class we want Maria Shell to teach next spring.

Quilt Alaska: Jeanne Sneddon – Great Show, be sure to visit. Noon to 6, Mon – Sat . Report next month.

Block of the Month – Jeanne Sneddon – 11 blocks won by Hannah Hinckly. Aug block is basket with flowers.

OLD BUSINESS

Board Positions open for next year President, Secretary & First director (donations), vote in October

NEW BUSINESS

Sonja Zastrow has fabric for Fat quarter Challenge available \$3, welcomes volunteers for annual mtg

ANNOUNCEMENTS

Trisha Immonen has Velcro for sale

Marcia Bryant has community service quilts to bind

Roundabout at Chena Small Tracts will be under construction In Aug & Sept

DRAWINGS

Name Tag: Amy Houtchens

Fat Quarters: Dambra Callahan

Door Prizes: Karen Milne, Kat Helmuth, Marilyn

BREAK:

Show and Tell

Adjourned 8:35pm

Next Board meeting – cancelled

Next General Meeting 8/11/2026 @ 7 pm Faith Baptist Church 910 Chena Pump (due to election)



Announcements



Fat Quarters

Drawing

Fall Sunset
Orange, Yellow and
Burgundy

UP COMING EVENTS

- Tanana Valley Fair July 31 - Aug 9
- Pick up Day Aug 10th, 1pm-6pm
- Free Lecture Carol McConahy
Aug 21 6pm @ Pioneer Park Blue
rm next to Bear Gallery
- 2 day Quilt Workshop with
Carol McConahy Aug 22 & 23
- Sew Flurries Sept 17 - 22
- Annual Dinner Oct 20 Fat Quarter
Challenge

HOSPITALITY

- Ice:
- Beverage: Dorothy Stella
- Veggies & Dip: Sue Gross,
Carly Nelson
- Appetizes: Dayna Cook,
Dambra Callahan
- Sweets: Kathy Richardson,
Elizabeth Shapland,
Marion Benham

Sunshine Sue News

NO UPDATE
IF YOU KNOW OF SOMEONE
IN OUR GROUP WHO COULD USE
A THOUGHTFUL CARD PLEASE SEND
AN EMAIL TO
CAROL MOORE



Please send any notices to
caroljmoore907@gmail.com

Find us...

Webpage: <http://www.cfqgalaska.org>
Look for the forms, events, policies, etc.



Facebook:

<https://www.facebook.com/CabinFeverQuiltersAlaska>

Announcements

VOLUNTEER OPPORTUNITIES



COMMUNITY SEWING

Marcia Bryant needs a Co-Chair!

Please contact

Macia Bryant (907) 317-2185 OR any board member for chair duties



Fat Quarter Challenge

Fat Quarter Challenge Fabric Available for \$3 at General Membership Meeting. Buy 1 Fat Quarter, use as much or little as you like to create an item of your choice. Project will be voted on at the Annual Dinner Meeting in October. Most Votes win a prize!



New to the Guild?

Participate in drawings!

Meeting starts at 7pm, arrive a few minutes early to

Enter your name in for the following drawings:

Door Prize

Name Tag -wear handmade guild nametag

Fat Quarter-one entry per fat quarter you bring

Block of The Month-Bring current month's block, one entry per block, winner takes all.

Meeting goes over guild business and upcoming events. Announcements, Snacks and Show and Tell follow.



Google Groups

The Guild uses Google Groups for communications. As I receive new membership information, I will send an invitation to you from the CFQG Google Group. You will receive an email from CFQG with a subject line of **Invitation to Join**. All you have to do is click on the blue box that reads **Accept this invitation** and you will have joined the group.

If you have not received the email, the link is:

<https://groups.google.com/g/cfqg/>

Elaine Thompson McGee
322-0448 elaineltm@gmail.com

Announcements

A Year at a Glance

**Meeting is held 3rd
Tuesday of the Month**

January

Quilt In the Snow Quilt

Retreat

February

**Secret Quilter Sister
Program begins**

April

**Spring Potluck with a
Potholder Exchange
& Parade of Aprons**

March/April

**Laura's Quilt Slushy Quilt
Retreat**

May

Spring Fashion Show

June

July

August

**CFQG Quilt Show at
Tanana Valley Fair
CFQG – Small Quilt
Auction at the TVF**

September

Sew Flurries – Quilt

Retreat

Membership \$ Due

October

Annual Dinner with Voting

Quilt Raffle Drawing

Challenge Fabric Project

Reveal

November

December

**Holiday Ornament
Exchange**

Welcome New Members

**Paula Ciniero
Emiko Sawyers
Bridgette Kingston**

Bridgette shared that she was born and raised in Fairbanks and is the proud mom of two children. She enjoys reading, video games, and sewing. She has been sewing and quilting since she was sixteen and is excited to continue sharing her love of quilting with others.

Welcome to our guild, Paula, Emiko and Bridgette! We hope you find a wonderful community filled with friendship, creativity, and inspiration.



Announcements

Volunteers Needed!!

- **Bazaar Chair and co-chair** - This position was not filled last year and is still open. These events are during the winter months Oct, Nov, Dec. typically. We will have a Bazaar Table during the Tanana Valley Fair.
- **Community Sewing** - Marsha Bryant has volunteered to be a chair. Thank you Marsha! She would like a co-chair. Please contact her or Elaine Thompson McGee for chair responsibilities.

October 2026 Board Positions Opening

- President
- Secretary
- First Director
- Please see directory for position duties.

If you are interested in volunteering, let one of the board members know at the meeting, through email, or phone.



THE SALE CONTINUES

Tuesday, August 11, starting at 6:15 will be the final sale of treasures from Nancy Junk's sewing room. This month we will have the \$5 a pound fabric out, books, patterns and lots of thread. The front half and tail of a fox fur in good condition \$30.00.

The cutting table is still available for \$50.00.

Any questions? Call Elaine Thompson McGee

907-322-0448



Announcements

Raffle Quilt 2026



Our Raffle Quilt Is at the Fair!



Our beautiful blue raffle quilt is now hanging at the fair, and we'd love your help spreading the word!

Please encourage your friends and family to stop by, admire this beautiful quilt, and purchase a raffle ticket for a chance to take it home! 

Parking

THURSDAY through Saturday
\$3.00

SUNDAY through WEDNESDAY
FREE

Tanana Valley Fair

July 31st - August 9th

Forever Winter

Pat Fox will ask for help if needed. Please consider helping to track tickets – ensuring all books accounted for and money picked up

RAFFLE TICKETS

\$5 EACH OR

5 FOR \$20



Veggie: Mushroom

All is Fair
in **LOVE**
and
SPORE

COLORS

× **Crimson** ×

× **Taupe** ×

× **Jasmine** ×



QUILT WORKSHOP

2 DAY EVENT

Sponsored by Cabin Fever Quilters Guild

JOIN US FOR A SPECIAL 3-DAY WORKSHOP WITH CAROL MCCONAHY!

CAROL WILL BEGIN WITH A LECTURE AND WORKSHOP SHARING HER APPROACH TO CREATING BEAUTIFUL GENTLE CURVES. SHE'LL DEMONSTRATE HER TECHNIQUES, EXPLAIN HOW TO MAKE THE QUILT ANY SIZE, AND SHOW YOU HOW TO PERSONALIZE THE DESIGN AND MAKE IT YOUR OWN.

ENJOY LEARNING FROM CAROL THROUGH HAND-ON INSTRUCTION AND INSPIRING EXAMPLES OF HER WORK

(BRING YOUR CREATIVITY – AND GET READY TO EXPLORE CURVES!)

- DATE AUGUST 21-23
- LOCATION 8 STAR EVENT CENTER
1435 30TH AVE FAIRBANKS
- TIME SEWING 10AM-5PM
SATURDAY & SUNDAY
- COST \$130.00 CFQG MEMBER
\$150.00 NON-MEMBER

Workshop Registration
www.cfqgalaska.org



Supply List on Website
cfqgalaska.org

QUESTIONS call Corlis Taylor
907-378-5858

Registration Deadline:
August 8th

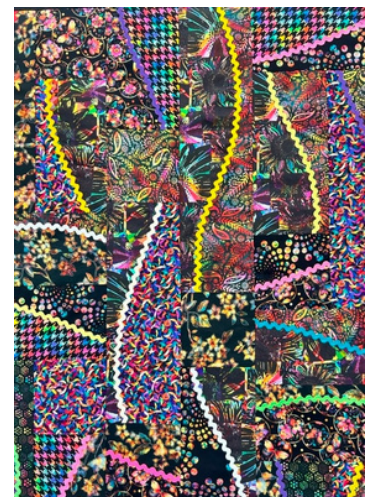
Free Lecture

Friday August 21st
6PM

Pioneer Park Blue Room
Next to Bear Gallery



EUREKA



Workshop

Eureka Supply List

By Maple Island Quilts

Eureka is a gentle curve-seam pieced quilt. Pattern calls for the maker to freehand cut the curves on each pair. I have supplied two freezer-paper templates to use to cut the curves hopefully to make it easier for newbie curved-seam piecers.

By the pattern there are 2 variations:

Quilt A uses plain fabric squares for the separator squares; Quilt B uses pieces of the curved-seamed strips for the separator squares.

I made 4 samples that are larger than the pattern with different borders.

Quilt A 36" x 48"

3/8 yard of 8 fabrics

3/8 yard of inner border

1/2 yard outer border

5/8 yard binding or use leftovers



Quilt B 36" x 48"

1/4 yard of 10 fabrics

1/4 yard border light fabric

1/2 yard border dark fabric

Australian print 42" x 57"

1/2 yard of 10 fabrics

3/8 yard block border fabric

1/2 yard inner & outer borders yard

1 yard background flying geese & square borders



Kid's prints 46" x 54.5"

1.25 yards of each 8-10 directional fabrics

5/8 yard of 8-10 non-directional fabrics

6 fat-quarters of different fabrics for border and inner squares

1.24 yards inner & outer borders



Black & Bright 62" x 72"

3/4 yards each of 10-12 fabrics

1 yard border

20-23 yards rick rack



Pink fabric 62" 68"

2/3 yard interior squares

1/4 yard of 12 fabrics

1/3 yard inner border

1.25 yards outer border



45 mm rotary cutter with a new blade

6"-8" square ruler

Straight pins

Small diameter glue stick (Sewline, Bohin, Sew Easy, Acorn Easy Press Pen, etc)

Quilt in a Day 4-at-a-time flying geese ruler for 3" x 1.5" flying geese (if doing the flying geese border)

Any curved ruler you have that you want to try.

6"-8.5" x 24" rectangle ruler

neutral/matching thread

scissors

Sew Flurries 2026 Registration Form

September 17-22, 2026

10am-6pm Thursday-Tuesday

Lions Club - Tanana Valley Fairgrounds

Name _____ Phone _____

Email _____

I will attend these days. Please check each day of attendance. Independent sewing is included in the daily fee.

Thur _____ Fri _____ Sat _____ Sun _____ Mon _____ Tue _____

Attendance Fee: \$7 per day or \$35 for all days \$ _____

Classes: Check each class that you want to register for. Supply lists will be available at www.cfqqalaska.org and at our August guild meeting.

_____ Thursday: Pockets to Go - Gayle Hazen.....\$ 10 class + purchase pattern @ Northern Threads

_____ Friday: "Kinusaiga" Japanese Fabric Art - S. Shawcroft...\$ 25 class includes foam board, adhesive sheet,
4 pattern choices

_____ Saturday: Lucky Penny Wallet - Sue Gross.....\$10 class

_____ Sunday: Marbler Bird - Sharon Weekley\$18 class includes pattern

_____ Monday: Two Fabric Bargello Quilt - Mary Olson.....\$18 class includes pattern

_____ Tuesday: Under Sewing Machine Mat - Mary Olson.....\$10 class includes pattern

_____ Thurs -Tue: Accuquilt seasonal dies - Mary Olson.....\$10 to use dies

TOTAL Class Fees \$ _____

TOTAL FEES: Attendance fees + class fees \$ _____

Please make check payable to CFQG

Sunday 9-20 POTLUCK. Bring your own lunch all other days

Please specify what you will bring for the potluck

I will bring soup / salad / sandwich fixings (circle one). What kind

AND

_____ I volunteer to help set up prior to Sew Flurries. 9am on Thur Sept 17

_____ I volunteer to help clean up after Sew Flurries. 5pm on Tue Sept 22

Mail registration form and payment by September 10th to Mary Olson, HC 33 Box 31480, Nenana, AK 99760.

After September 10, call/text Mary Olson (907-590-8311) to register.

SEPT 17-22 SEW FLURRIES 2026



Pockets to Go
Thurs 9-17

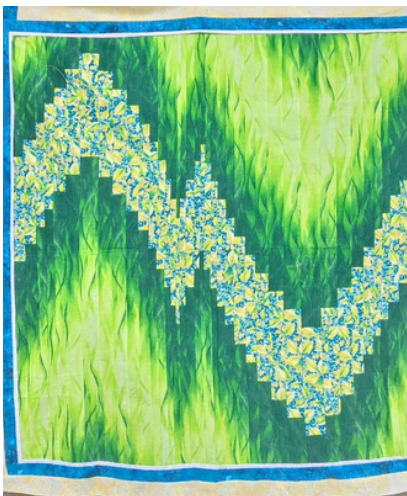
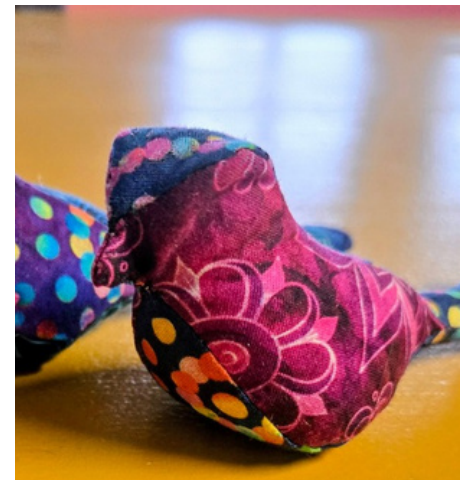


Kinusaiga
Japanese
Fabric Art
Fri 9-18



Lucky Penny Wallet
Sat 9-19

Marbler Bird
Sun 9-20



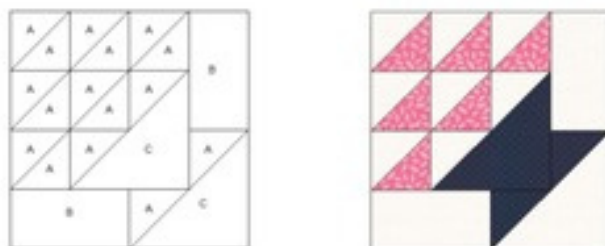
Two Fabric
Bargello Quilt
Mon 9-21

Sewing Machine Mat
Tue 9-22



Block of the Month

August Block of the Month Summer Baskets



**This pretty basket will remind you of
summer flowers all year round!**

Fabric and Cutting for One Block

Choose summer-colored prints—such as pink, yellow, purple, and blue—for the flowers. Use a dark blue or navy print for the basket, and white-on-white or solid white fabric for the background.

A - 2 7/8" square, cut diagonally into half square triangles. (8 background, 6 summer color, 2 navy)

B - 2 1/2" X 4 1/2" rectangle. (2 background)

C - 4 7/8" square, cut diagonally into half square triangles. (1 navy and 1 background)

Sewing

Join the half-square triangles to make 6 flower units. Sew these units with the 2 extra background A units into rows, following the picture. Assemble the block in rows or sections, as shown. Add the navy C units to square off the block, then complete it as pictured, adding the background C unit last. This video explains in detail how to piece the block:

Make a "May Day Baskets" Quilt with Jenny Doan of Missouri Star (Video Tutorial)

Finished size is 8 inches, 8½ inches unfinished

[Watch Video Here](#)



Cabin Fever Quilt Guild
PO Box 83608
Fairbanks, AK 99708

CABIN FEVER QUILTERS' GUILD MEETING

August 11, 2026

*General Membership Meeting at
Faith Baptist Church*

7:00pm



- *Wear Your Homemade Name Tag!*
- *Door Prizes*
- *Bring a Fat Quarter*
- *Bring Block of the Month*